

Health and Well-being

Cardiff Assessment of Local Well-being

Nb: This assessment has been carried out using the most recently available data. In many cases this does not capture the full impact of the global COVID-19 pandemic. The pandemic also saw the suspension of collection of some datasets.

This document is available in Welsh / Mae'r ddogfen hon ar gael yn Gymraeg

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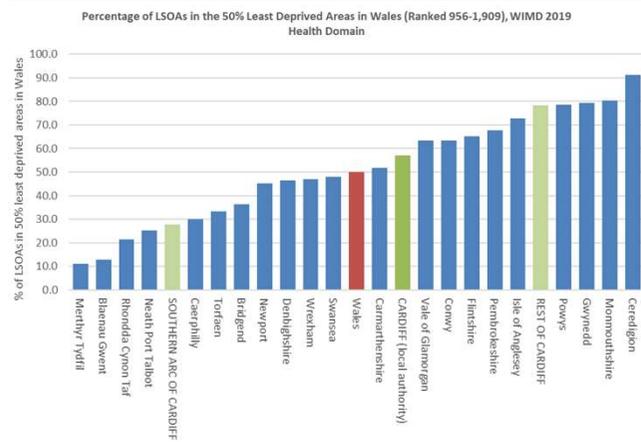
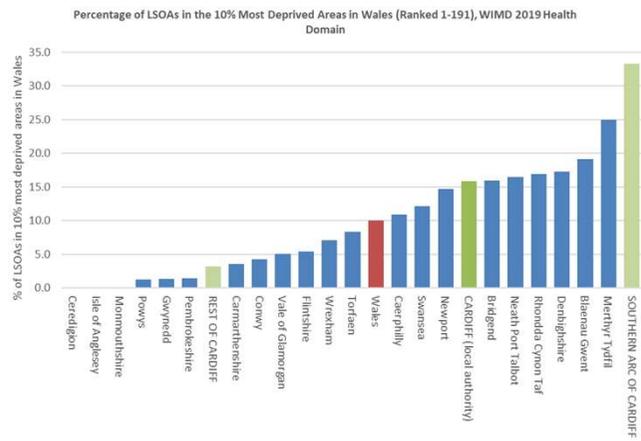
Indicators

31. Percentage of low birth weight babies
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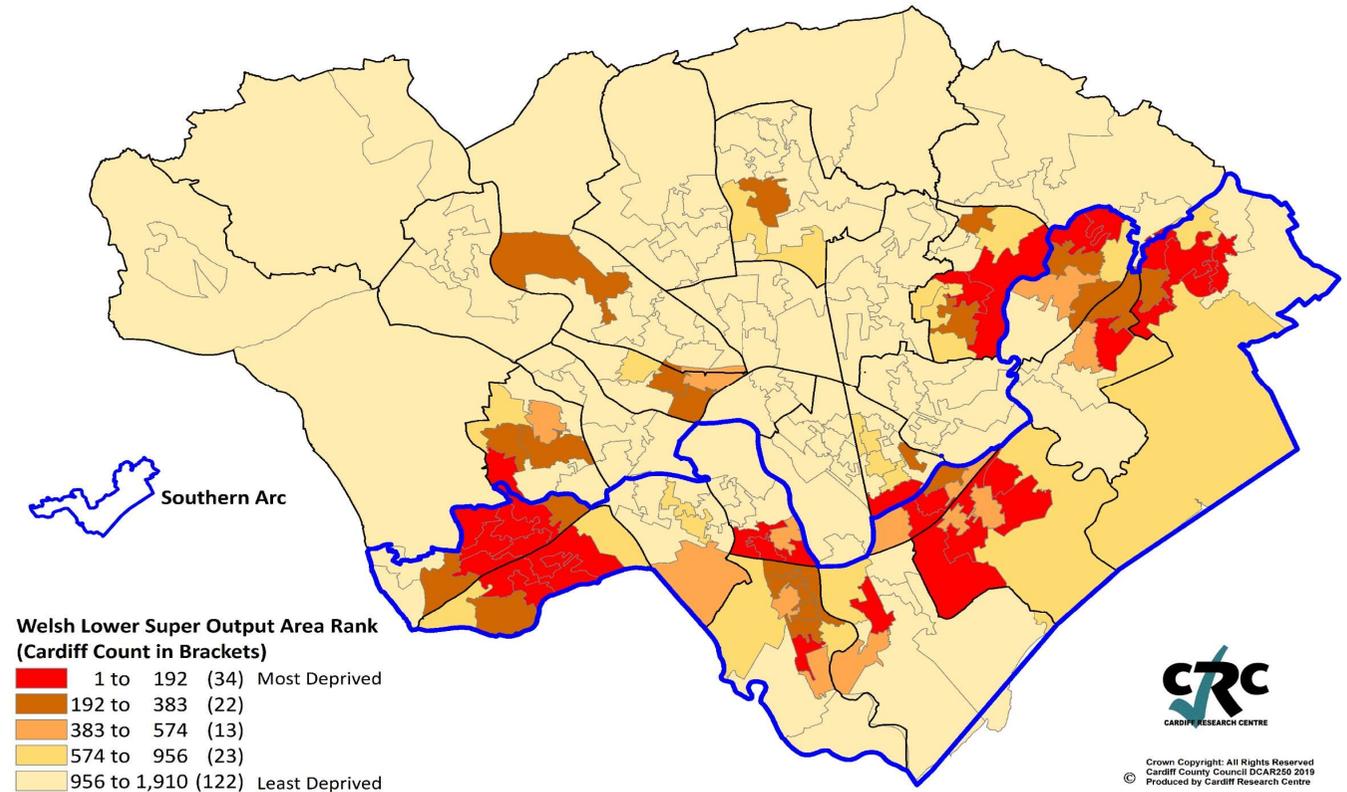
1. Welsh Index of Multiple Deprivation – Health Domain

Key Points:

- In terms of WIMD Health Domains, Cardiff has clear inequalities across the city. Cardiff is above the Wales average in the number of LSOAs in the 10% most deprived areas in Wales. Cardiff also has above Wales average LSOAs in the 50% least deprived areas in Wales.
- If the Southern Arc of Cardiff was considered as its own Local Authority area it would have the highest proportion of LSOAs in the 10% most deprived areas in Wales



2019 Welsh Index of Multiple Deprivation: Cardiff - Health Domain



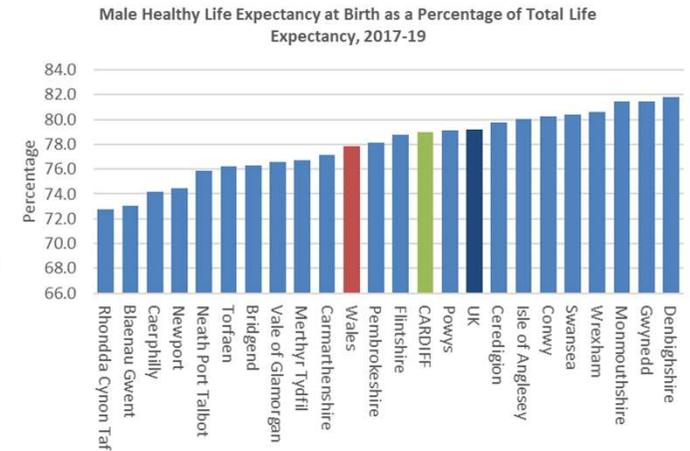
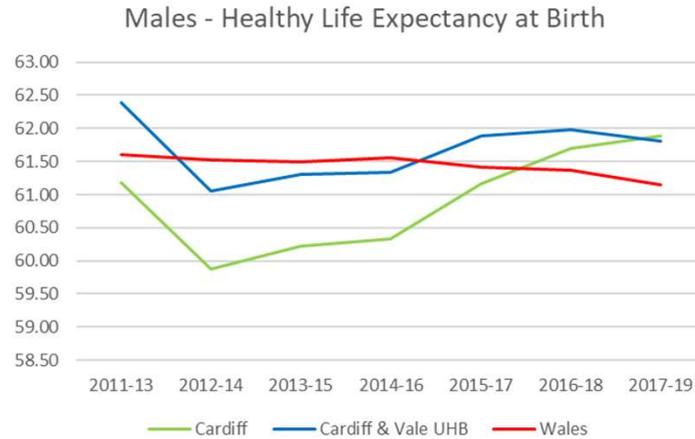
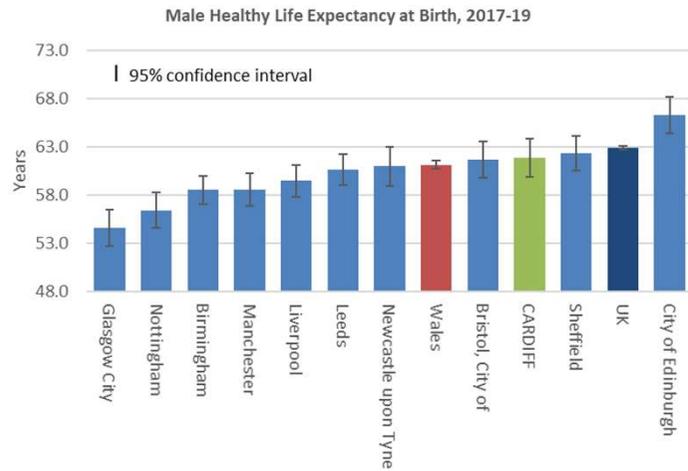
Crown Copyright: All Rights Reserved
Cardiff County Council DCAR259 2019
Produced by Cardiff Research Centre

Source: Welsh Government

2a. Healthy Life Expectancy at Birth (Male)

Key Points:

- For males, healthy life expectancy (HLE) in Cardiff is the 3rd highest of the UK's 'Core Cities' & Edinburgh
- Healthy life expectancy for males in Cardiff has increased over the last 5 years and is currently above the Welsh average and is now just above the figure for Cardiff & Vale UHB.
- As a percentage of total life expectancy, HLE for males is the second highest out of the 'Core Cities' and Edinburgh but is just above the Wales average and below the UK average
- The proportion of life spent in good health has also increased over the last 5 years and moved above the Welsh average and the figure for Cardiff & Vale UHB

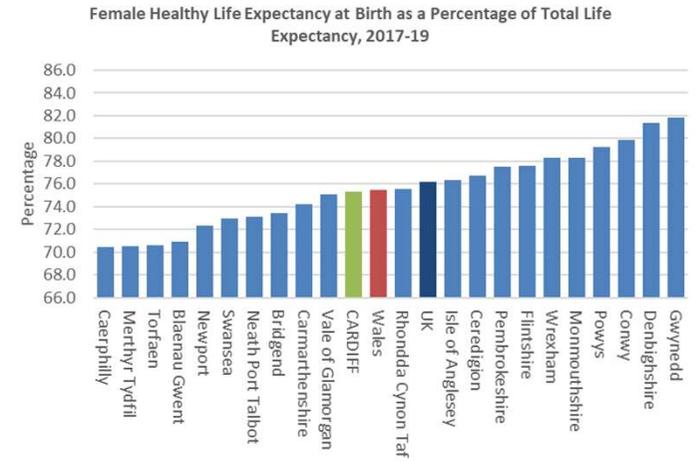
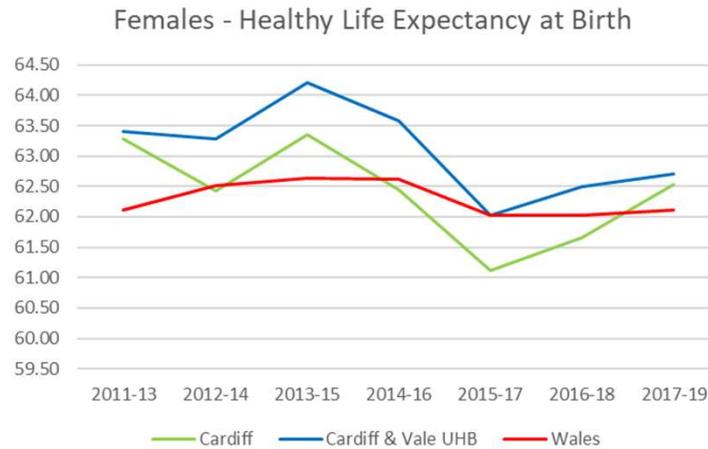
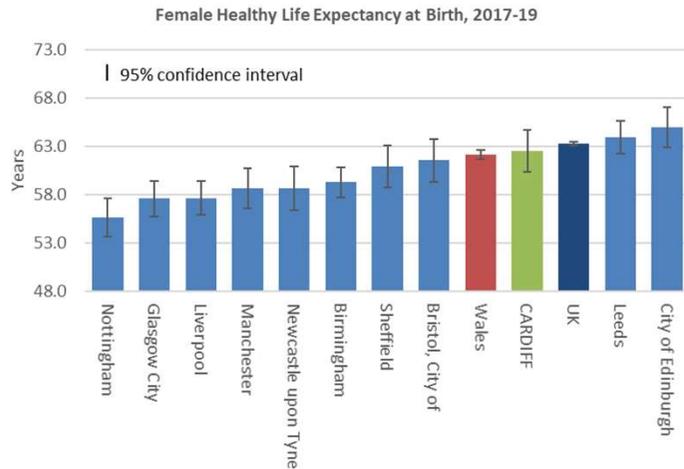


Source: Office of National Statistics

2b. Healthy Life Expectancy at Birth (Female)

Key Points:

- For females, healthy life expectancy (HLE) in Cardiff is the 3rd highest of the UK's 'Core Cities' & Edinburgh
- Healthy life expectancy for females at birth in Cardiff, as well as Cardiff and Vale UHB, has fallen and has not returned to the 2011-13 position
- As a percentage of total life expectancy, HLE for females is the third highest out of the 'Core Cities' and Edinburgh but is just above the Wales average and UK average
- The proportion of life spent in good health has also fallen and has not returned to the 2011-13 position



Source: Office of National Statistics

2c. Healthy Life expectancy at Birth (Male & Female) - Gap between the Least and Most Deprived

Key Points:

- 2014 data showed that for males, Cardiff had the widest healthy life expectancy gap of all Welsh LAs (24.4 years) and the second highest for females (21.8 years) between those living in the least and most deprived areas of the city.
- Due to changes in method for calculating Healthy Life Expectancy we are unable to calculate the gap for this most recent update; data will be available in future updates

Comparison of life expectancy and healthy life expectancy at birth, with Slope Index of Inequality (SII), Cardiff, 2005-09 and 2010-14

Produced by Public Health Wales Observatory, using PHM & MYE (ONS), WHS & WIMD 2014 (WG)

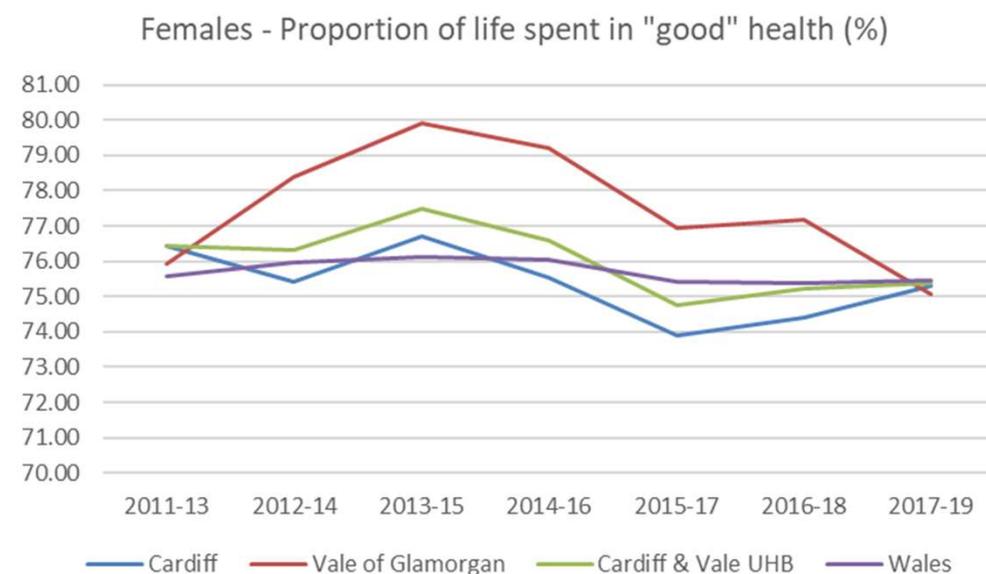
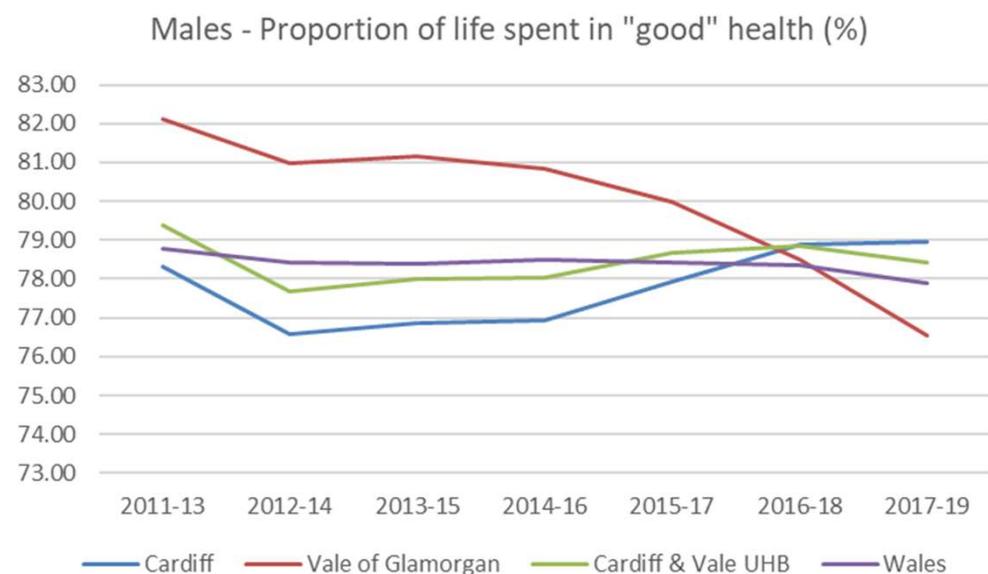


Source: Public Health Wales

3. Proportion of Life Spent in Good Health

Key Points:

- For males, the proportion of life spent in good health and increased over time and moved above the Welsh average. For females, the proportion of life spent in good health has converged to a similar level (75.3%) having been below the Welsh average since 2014.

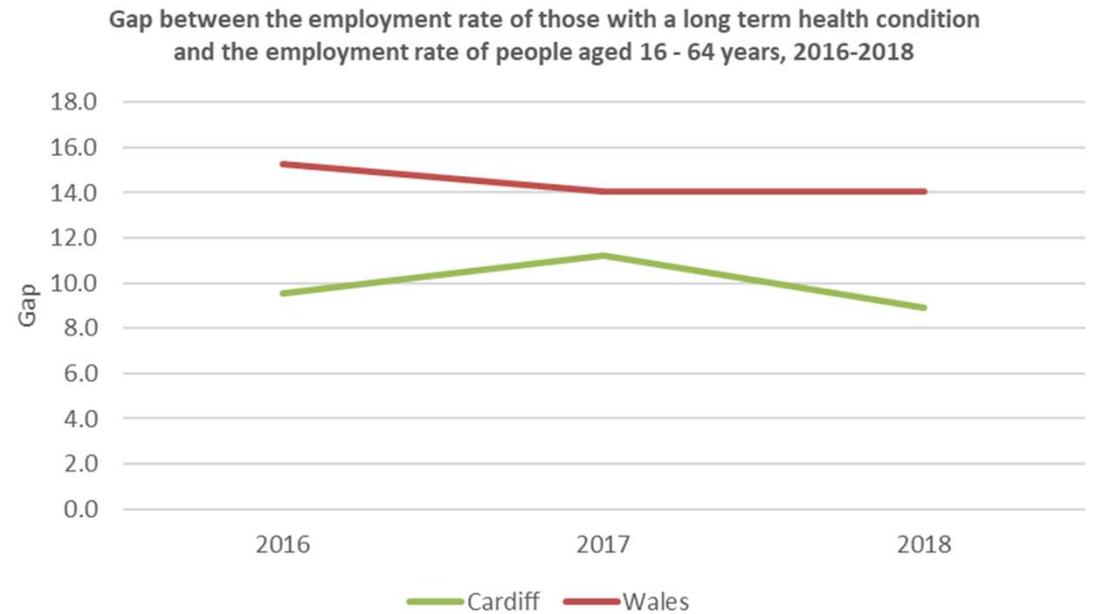
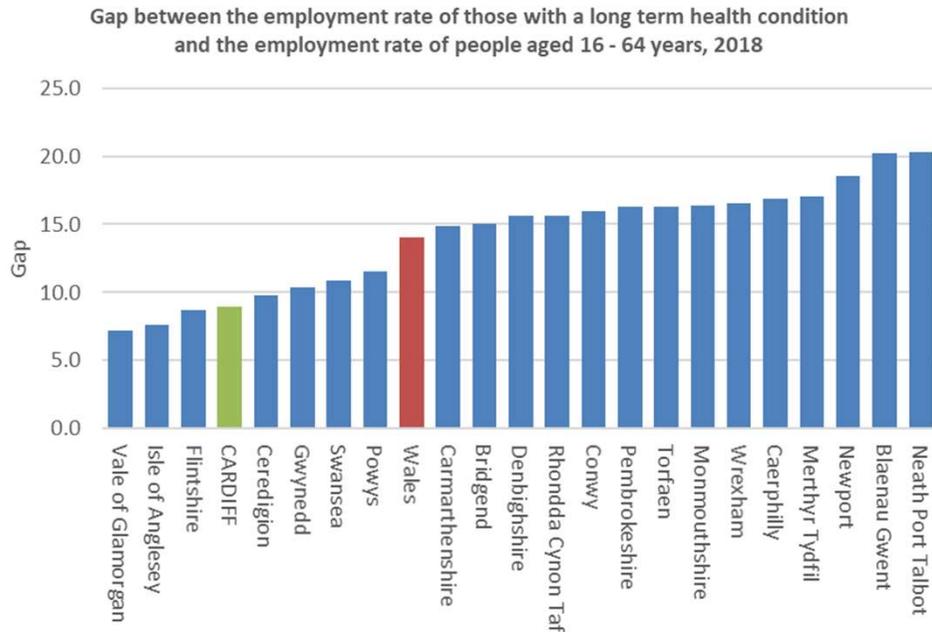


Source: Office of National Statistics

4. Gap between the Employment Rate of those with a Long-term Health Condition and the Employment Rate of People Aged 16 - 64 years

Key Points:

- Across Wales, Cardiff has one of the smallest gaps between the employment rate of those with a long term health condition and the employment rate of people aged 16 - 64 years (8.9)
- This employment gap has fallen in recent years and moved further below the Wales average



Source: NHS Wales Informatics Service (NWIS)

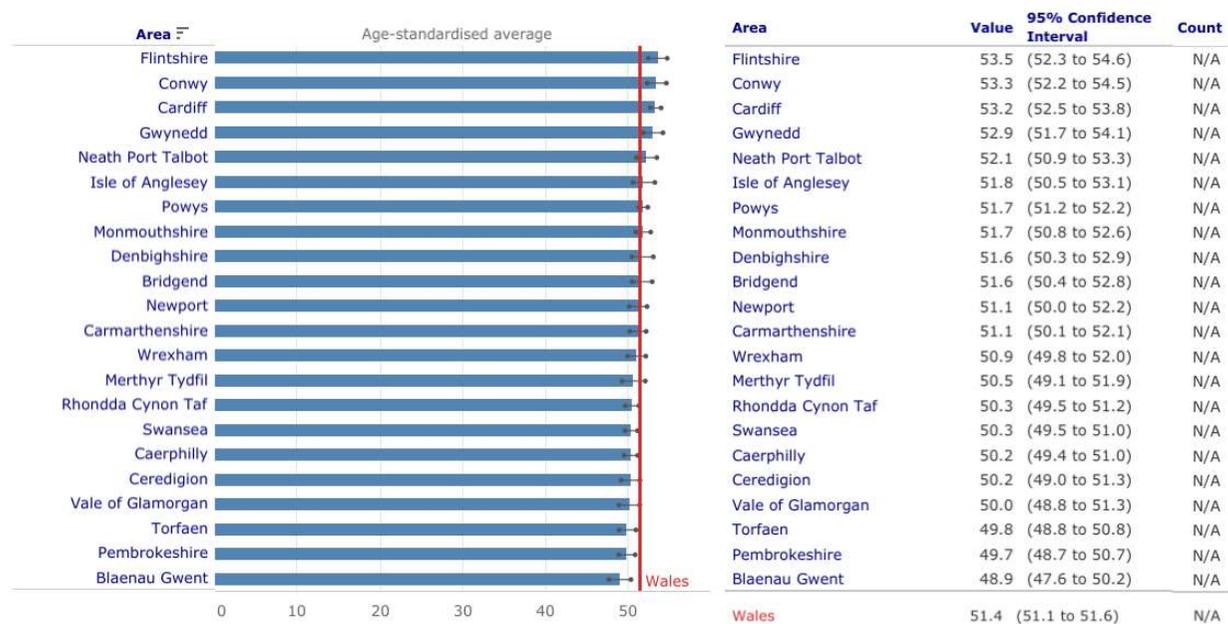
5. Mental Well-being: Adults

- Key Points:**
- Adult mental well-being in Cardiff compares well to other Welsh LAs (in top 3) and has improved from 16/17 scores (by a greater margin than Wales average increase)

Mental well-being among adults, 2018/19

Age-standardised average total score, persons aged 16+, local authorities

— 95% confidence interval



Produced by Public Health Wales Observatory, using NSW (WG)

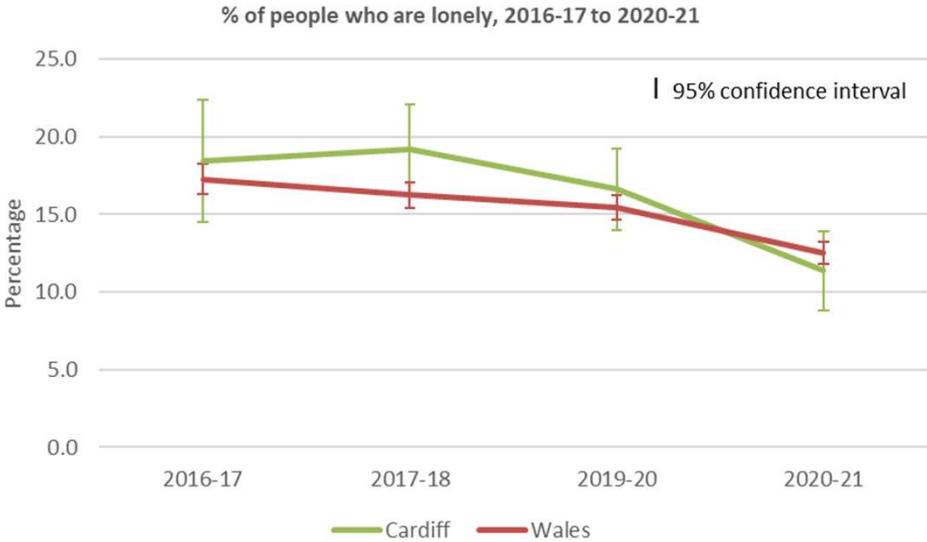
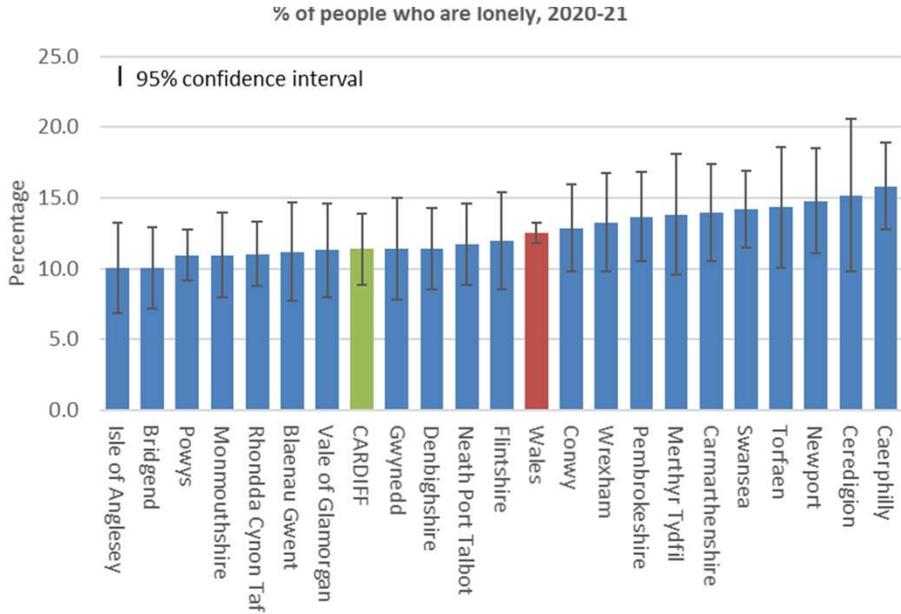
This is a national indicator. Scores range from 14 to 70, a higher score suggests stronger mental wellbeing. Please consult the technical guide for full details on how this indicator is calculated.

Source: Public Health Wales

6. Percentage of People who are Lonely

Key Points:

- The percentage has been on a downward trend since 2017/18, falling from 19% to 11% and below the Wales average in 2020/21
- The drop in 2020/21 could be due to people staying at home with their families due to Covid restrictions and the timing of the survey if during or outside of lockdown)
- At a Wales level, a higher percentage of 16-24 year olds reported being lonely compared to older people, following the pattern of previous years pre-Covid (15% v 11% for 65-74 year olds and 10% for those aged 75 and over).

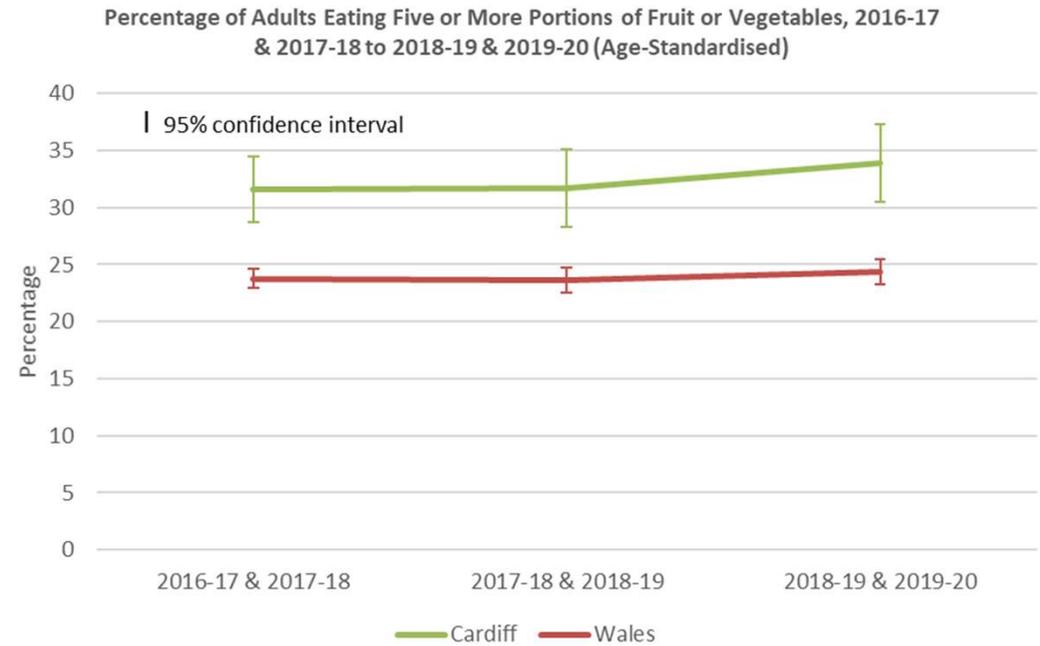
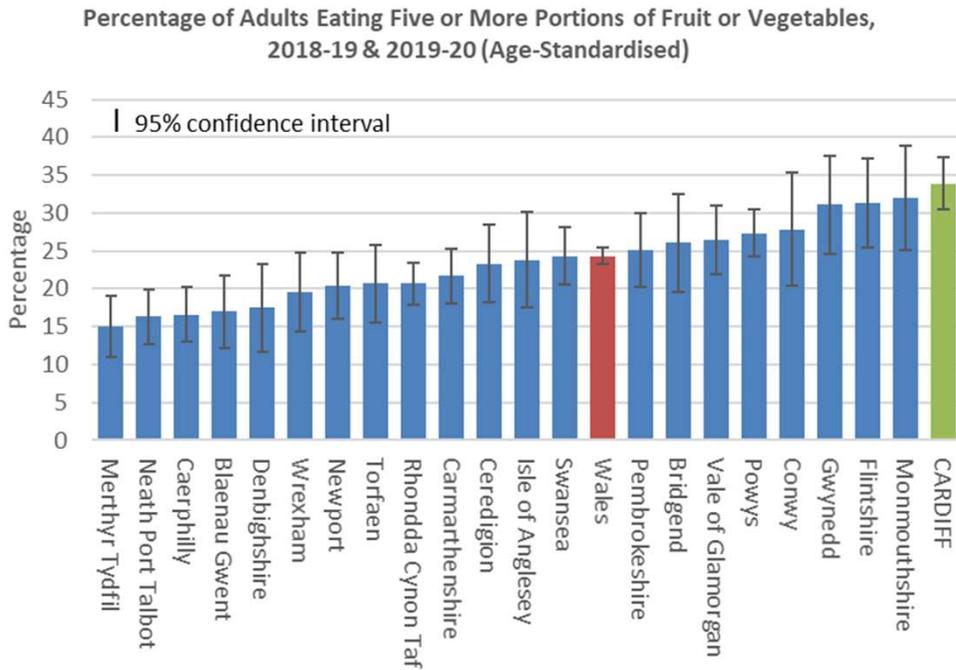


Source: Welsh Government

7. Percentage of Adults Eating 5 or More Portions of Fruit and Vegetables a Day

Key Points:

- Cardiff is the top performing Welsh Local Authority. However, two thirds of adults are not eating five portions a day.



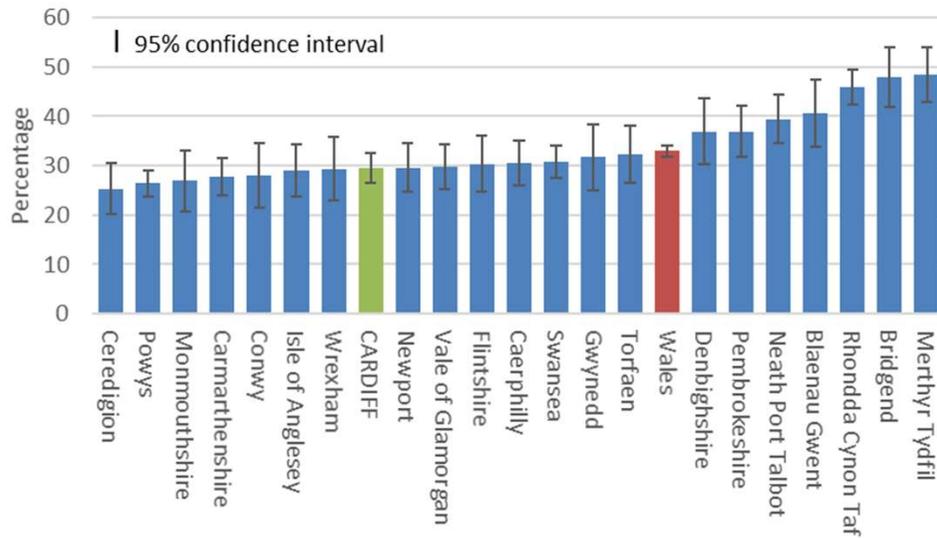
Source: National Survey for Wales

8. Percentage of Adults Active for Less than 30 Minutes in a Week

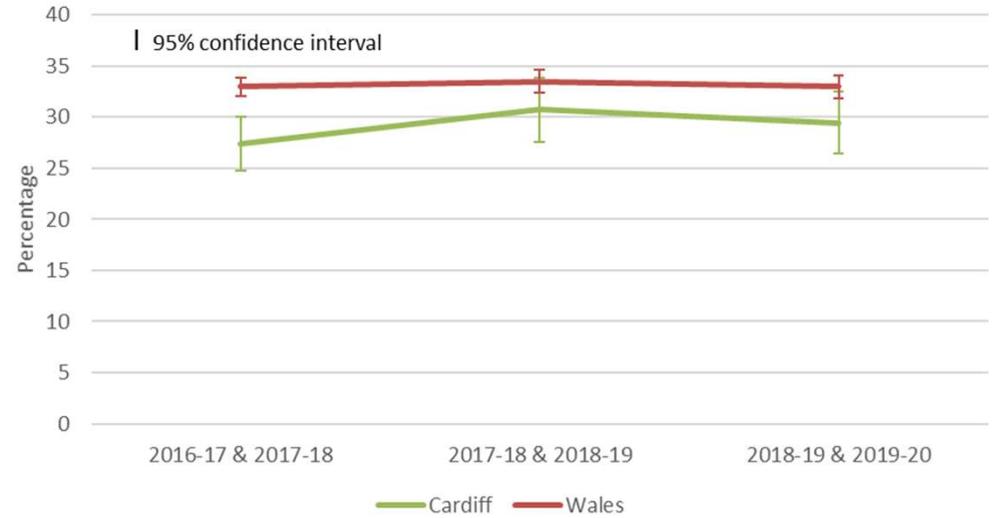
Key Points:

- Cardiff is in the top quartile for levels of physical activity in Wales. However, 29% are active less than 30 minutes a week

Percentage of Adults that did less than 30 minutes of Moderate Physical Activity the Previous Week (or equivalent amount of vigorous activity), 2018-19 & 2019-20 (Age-Standardised)



Percentage of Adults that did less than 30 minutes of Moderate Physical Activity the Previous Week (or equivalent amount of vigorous activity), 2016-17 & 2017-18 to 2018-19 & 2019-20 (Age-Standardised)

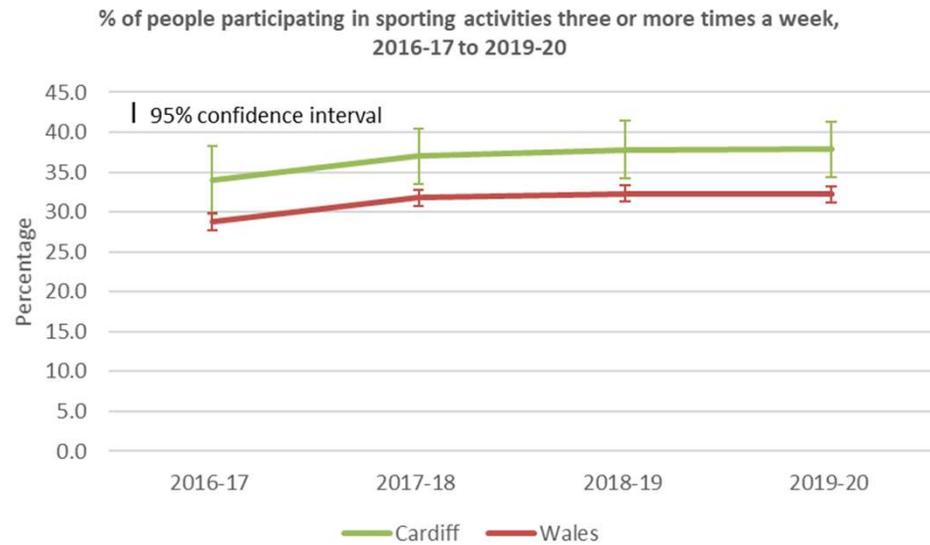
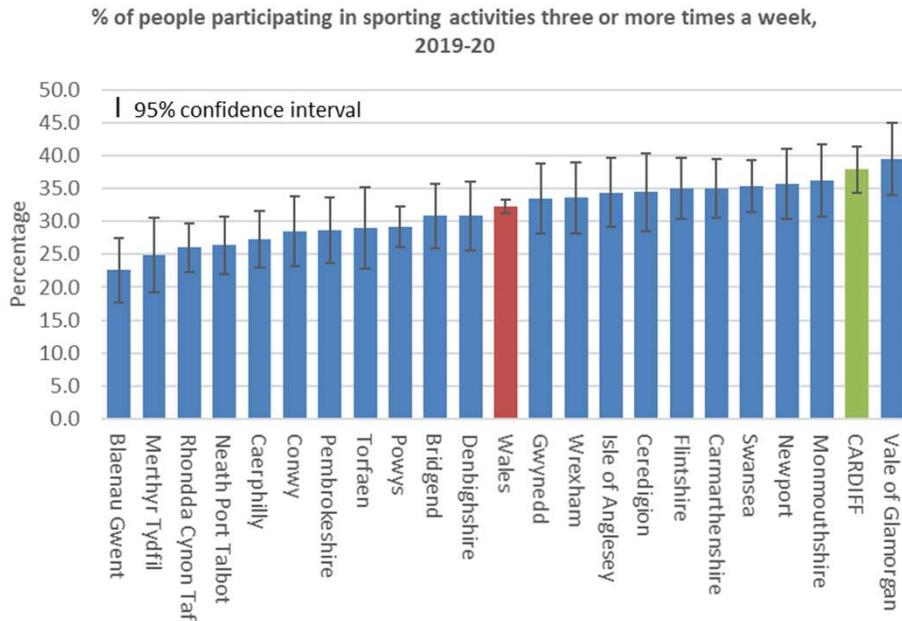


Source: National Survey for Wales

9. Percentage of People Participating in Sporting Activities Three or More times a week

Key Points:

- Across Wales, Cardiff has the second highest proportion of people participating in sporting activities three times a week (37.8%)
- Cardiff has matched the trend across Wales and has seen a 3.8 percentage point increase between 2016/2017 and 2019/20

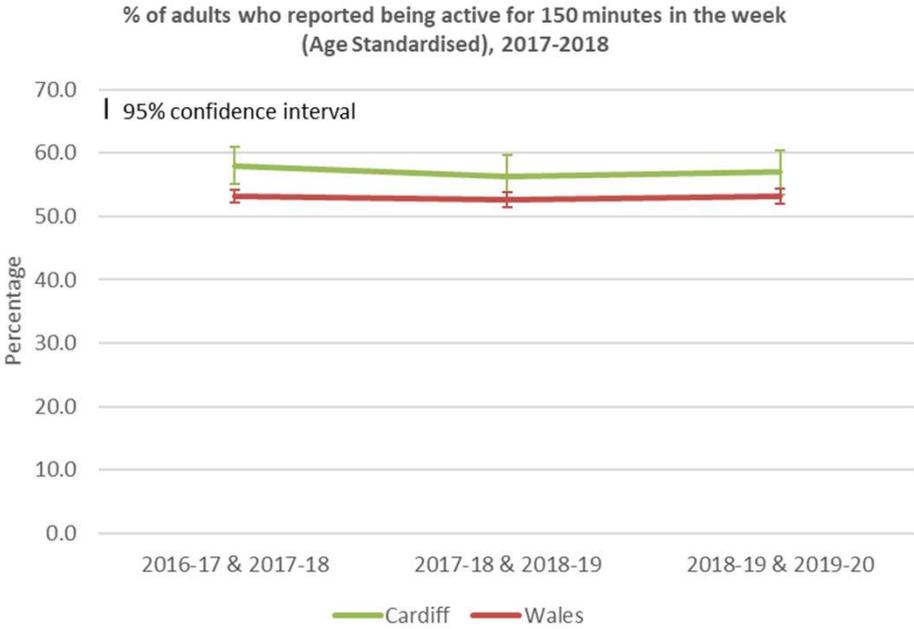
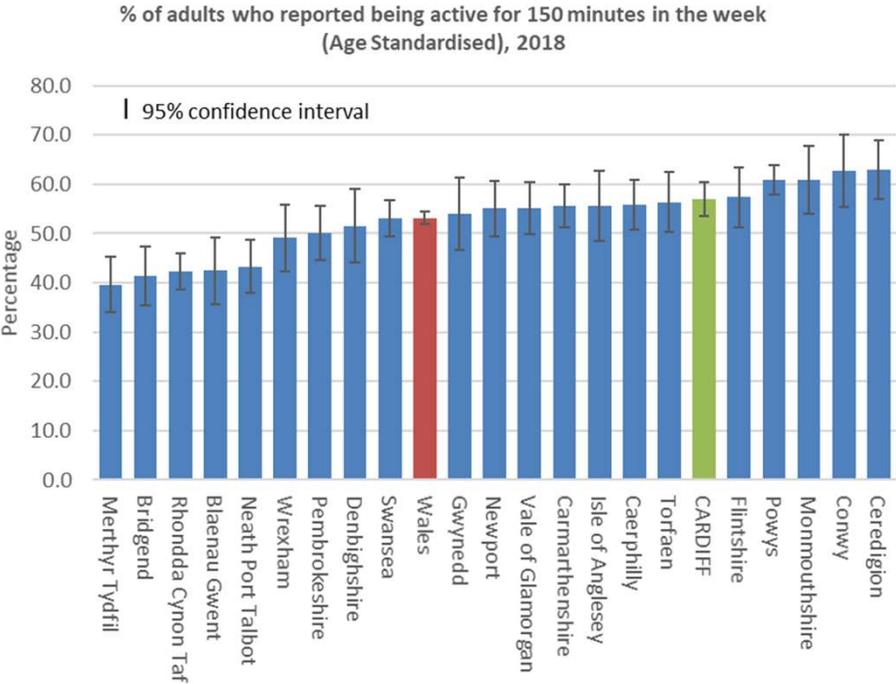


Source: Welsh Government

10. Percentage of Adults who Reported being Active for 150 Minutes in the Week

Key Points:

- Cardiff is above Wales average in the number of people reporting being active for 150 minutes per week (56.9%)
- This however means that 4 in 10 people are not active for 150 minutes per week

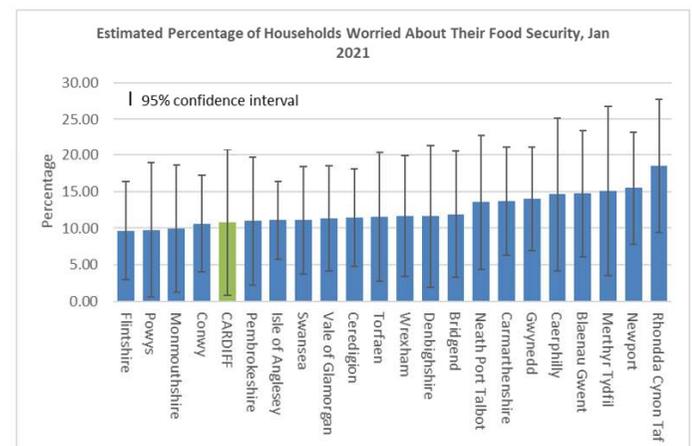
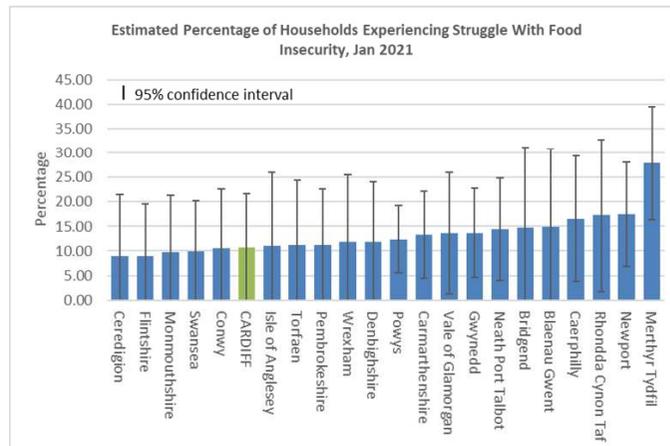
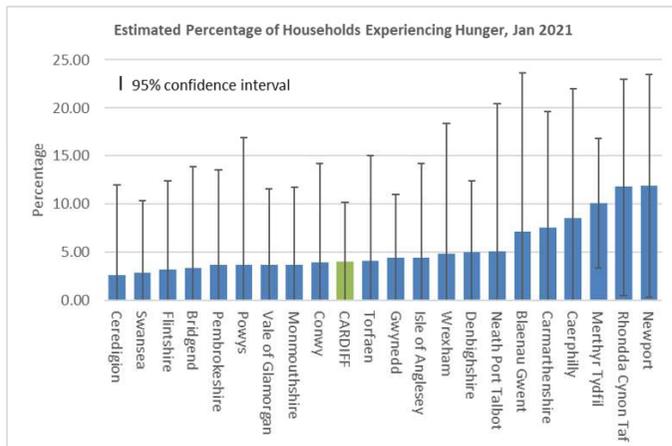
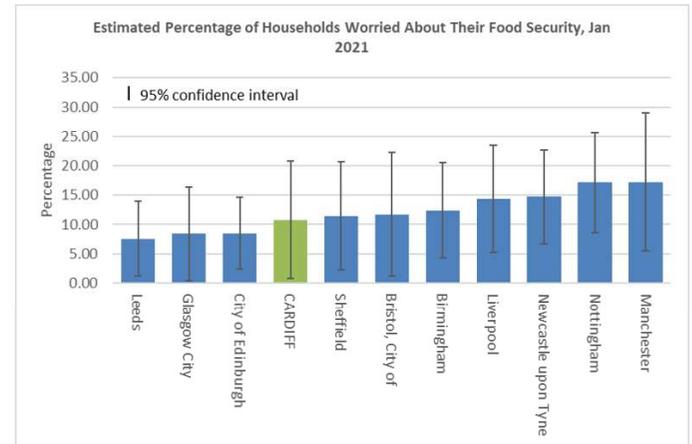
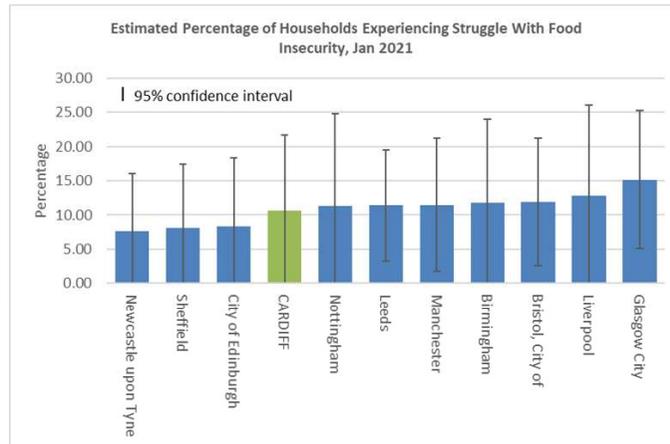
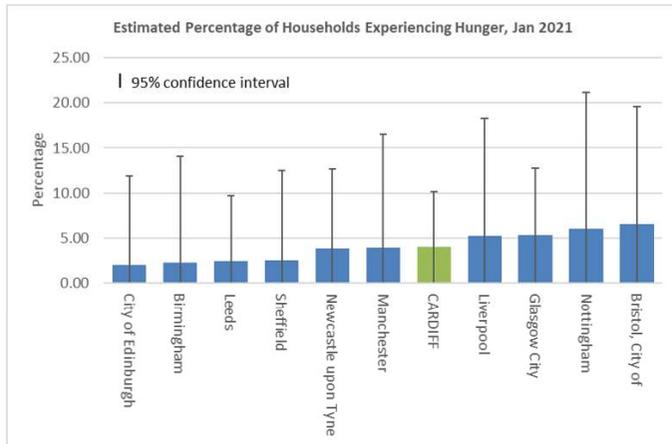


Source: Welsh Government

11. Food Poverty

Key Points:

- Cardiff is mid-low ranking in terms of households experiencing food poverty
- It is estimated that 1 in 10 households have worries regarding food security and have skipped/shrank meals or sought external help



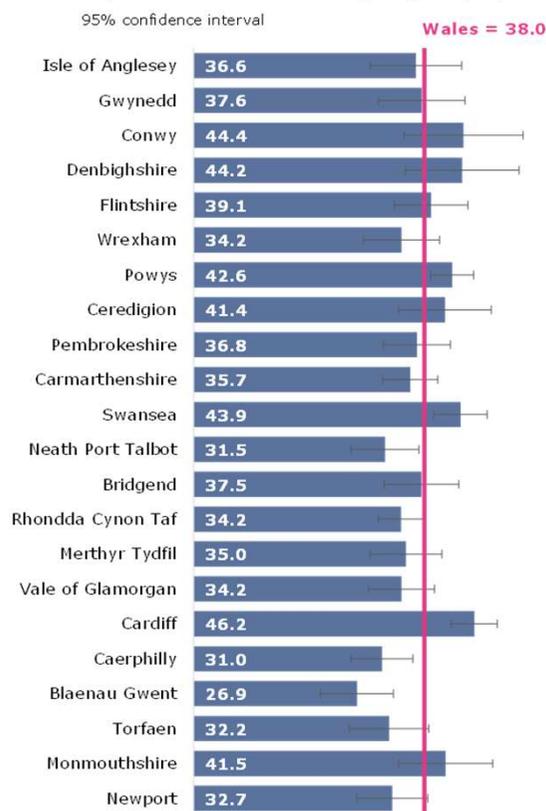
Source: University of Sheffield Institute for Sustainable Food/Food Foundation

12. Percentage of Working Age Adults of a Healthy Weight, Persons Aged 16 to 64

Key Points

- 46.2% of Cardiff's working age population have a healthy weight (3 year average 2017/18-2019/20). This is the highest percentage among Welsh LAs

**Working age adults of a health weight, percentage, persons aged 16 to 64,
Wales local authorities, 2017/18 - 2019/20**
Produced by Public Health Wales Observatory, using NSW (WG)

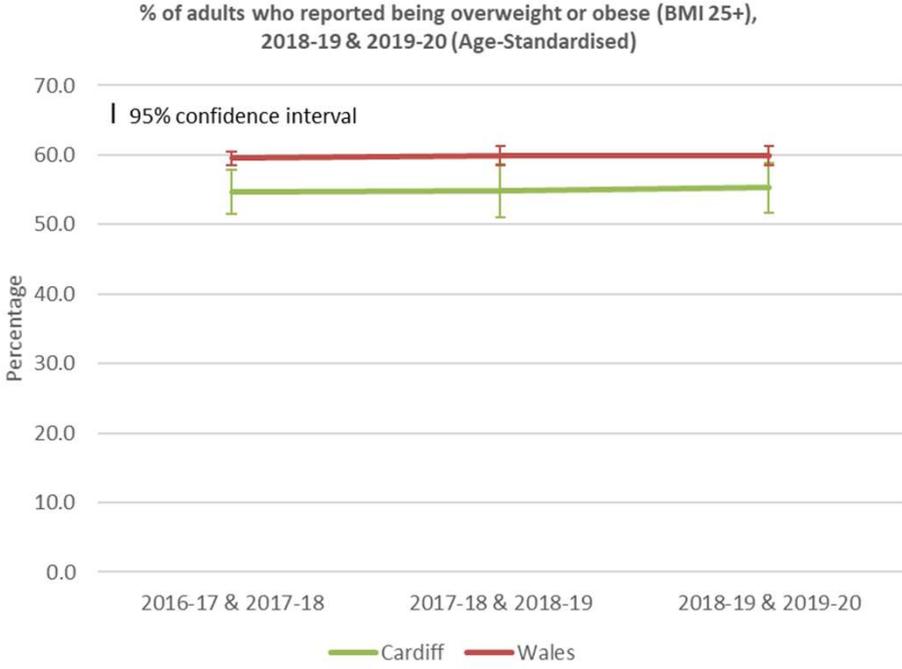
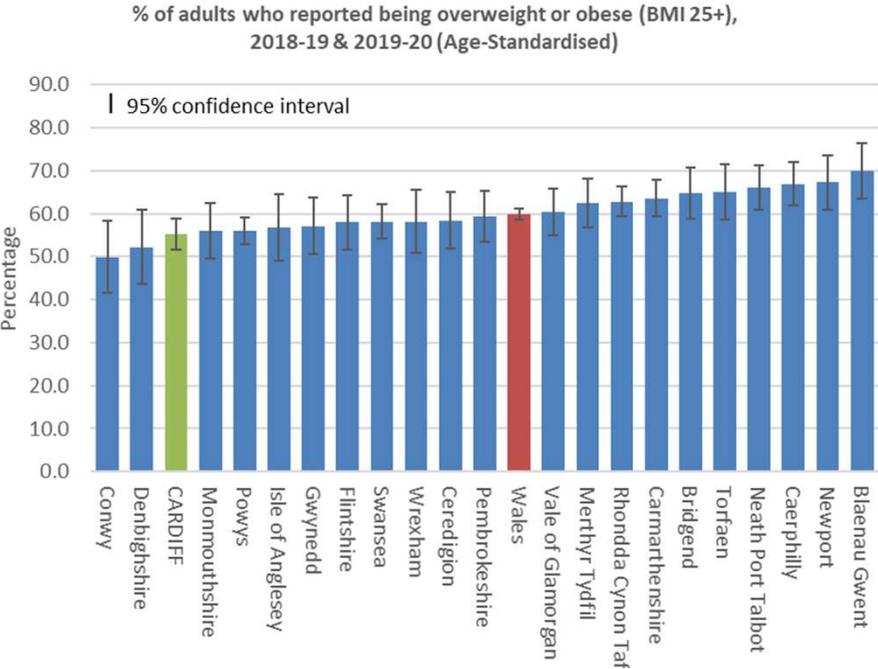


Source: PHW/Welsh Government

13. Percentage of Adults who Reported being Overweight or Obese (BMI 25+)

Key Points:

- Cardiff has one of the lowest proportions of adults reported being overweight or obese (a BMI over 25)
- However, over half (55% of the adult population in Cardiff reported being overweight or obese)

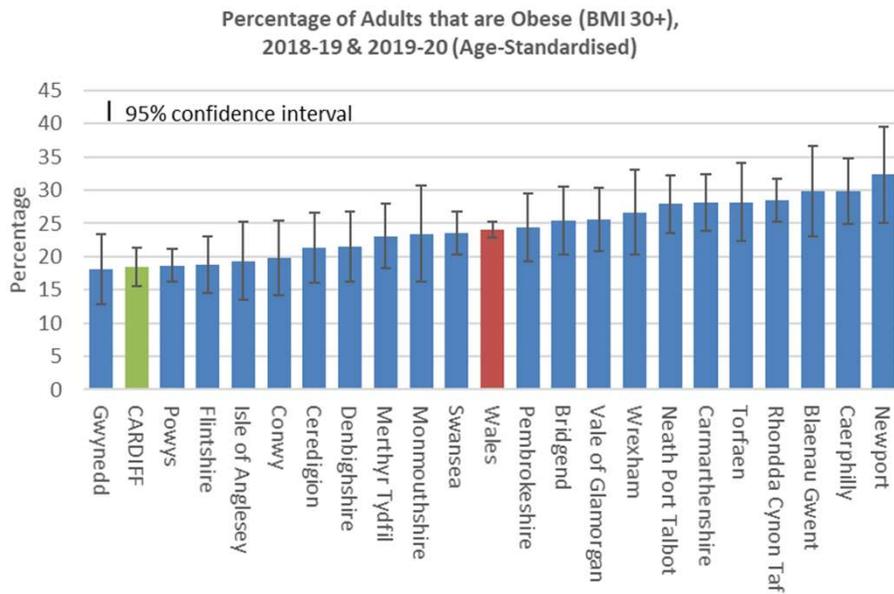


Source: Welsh Government

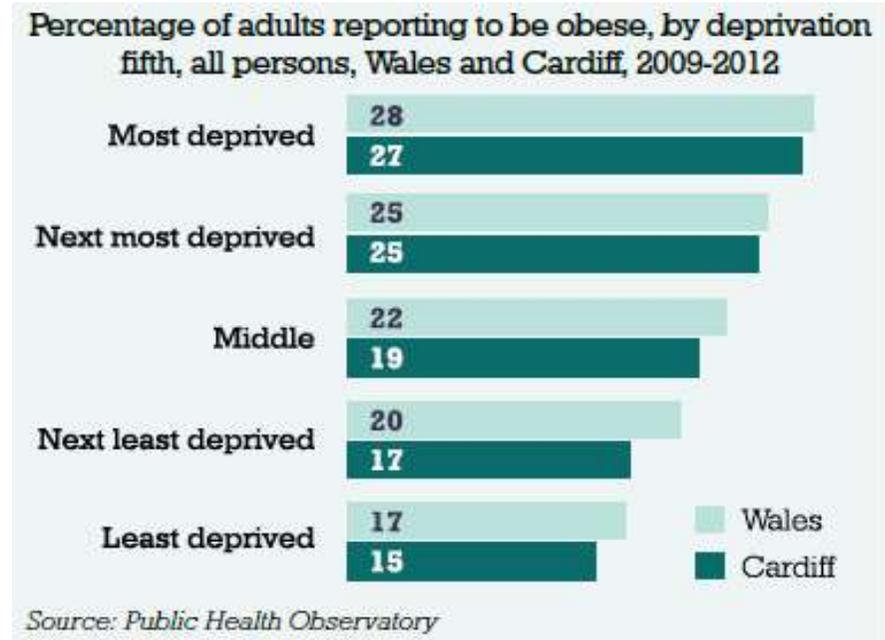
14. Obesity (BMI of 30+) by Deprivation Fifth

Key Points:

- In 2019/20, Cardiff had the second lowest percentage of adults (18%) that are obese compared to Welsh Local Authorities, and has been below the Wales average since 2017/18
- 2009-2012 data on obesity by deprivation fifth (latest available data) shows the percentage of obese adults from the most deprived areas of Cardiff being almost double the percentage of obese adults from the least deprived.



Source: National Survey for Wales, Welsh Government

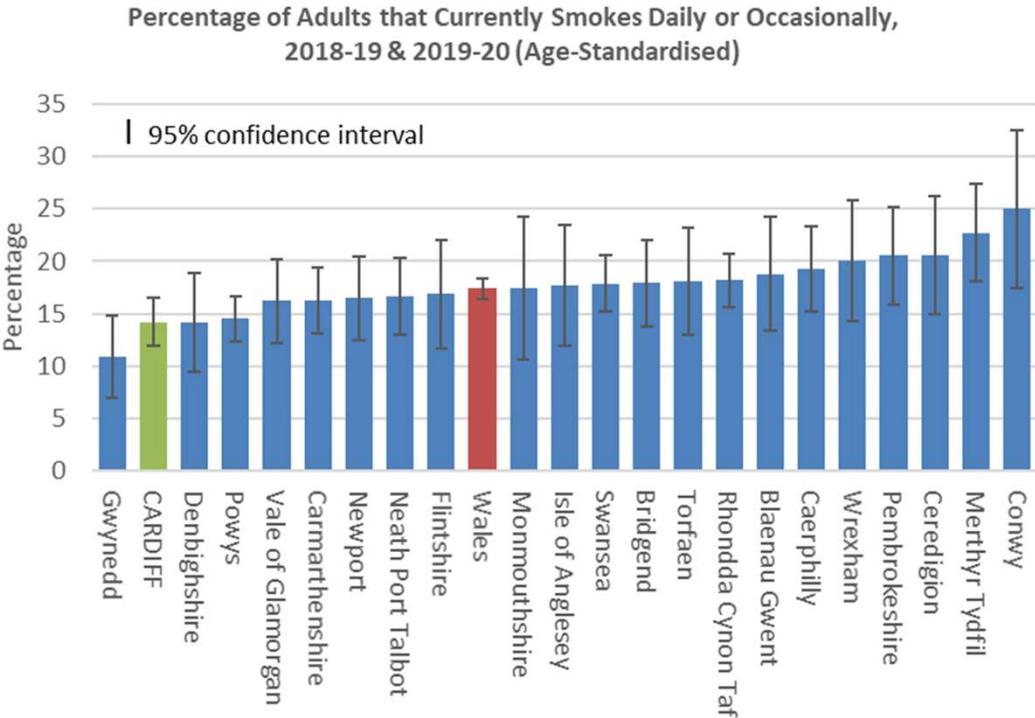


Source: Public Health Wales

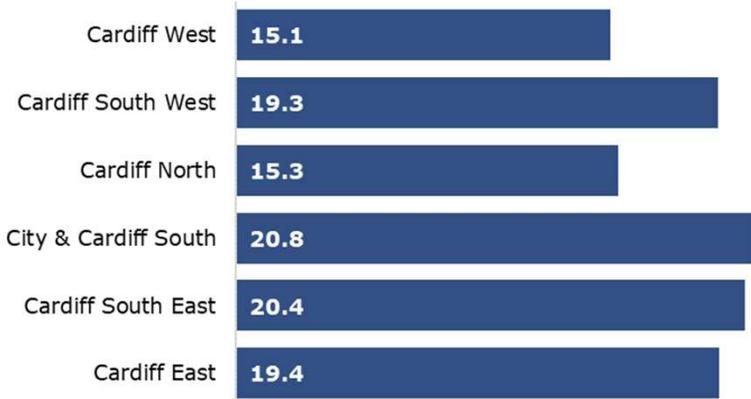
15. Percentage of Adults who are Current Smokers

Key Points:

- Cardiff has the second lowest level of smoking (14%) across Welsh LAs, behind Gwynedd
- Across Cardiff's GP Clusters, smoking is most prevalent in City & Cardiff South and Cardiff South East and least prevalent in Cardiff West and Cardiff North



Estimated smoking prevalence, percentage, persons aged 16+, Cardiff GP Clusters, 2018-19

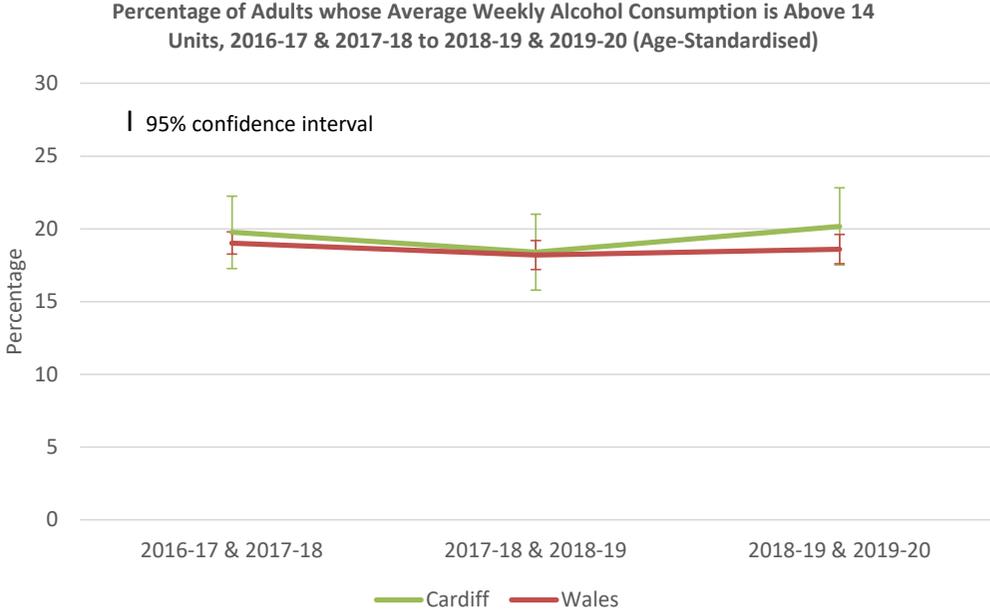
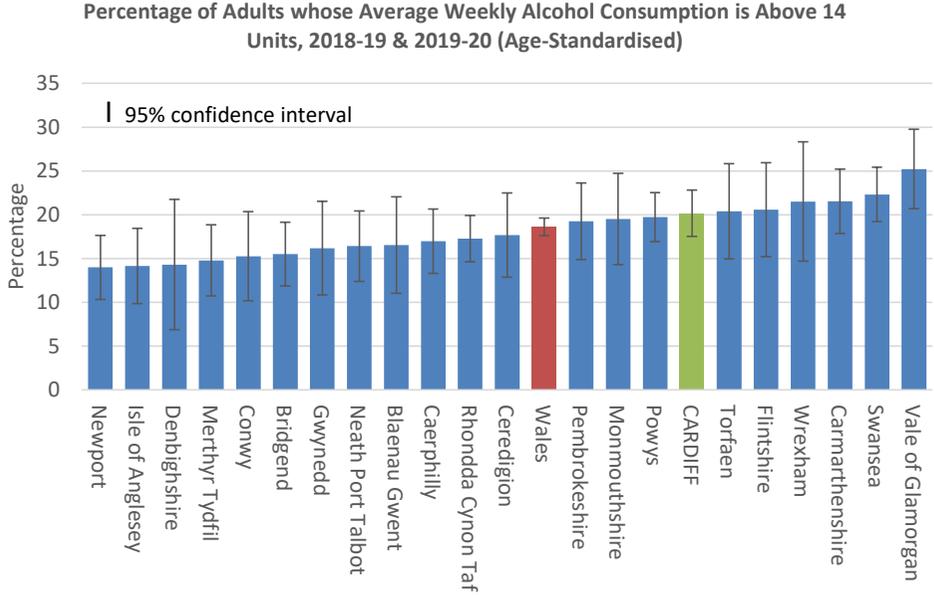


Source: Public Health Wales

16. Adults Drinking Above Guidelines (More than 14 units of Alcohol Per Week)

Key Points:

- Cardiff is above the Welsh average in the number of adults drinking more than 14 units of alcohol per week
- Evidence suggests that a higher proportion of adults in the least deprived areas of the city, and around the city centre consume above the recommended alcohol guidelines

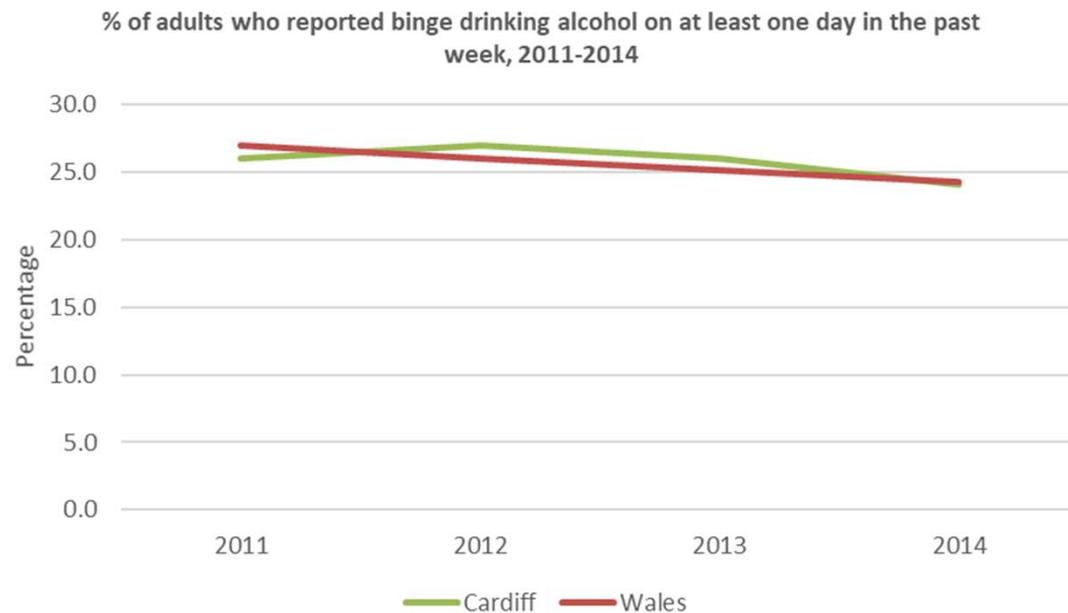
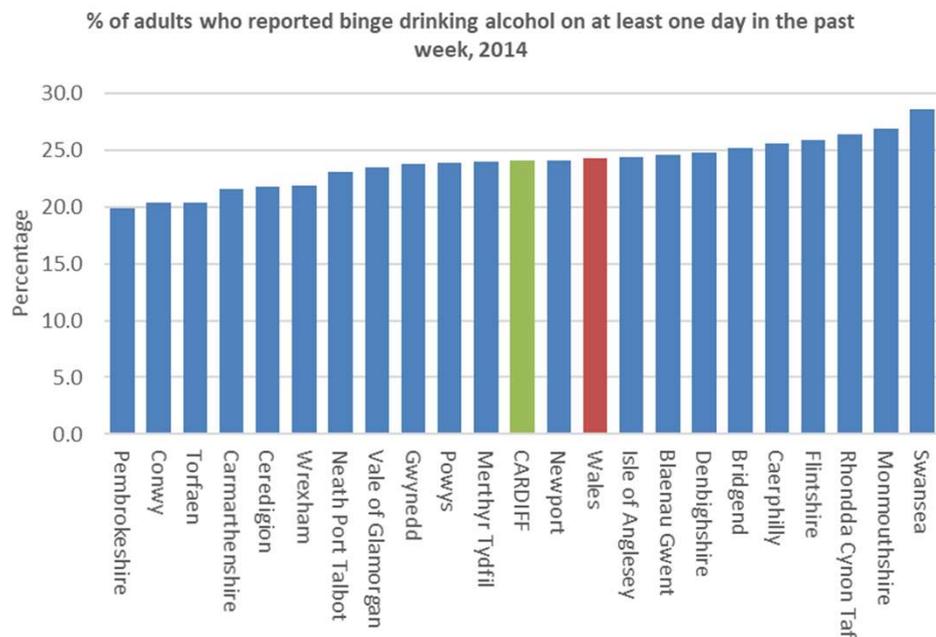


Source: National Survey for Wales, Welsh Government

17. Percentage of Adults who Reported Binge Drinking Alcohol on at least One Day in the Past Week

Key Points:

- Figures from 2014 show that almost a quarter of adults in Cardiff reported binge drinking alcohol on at least one day in the past week. This is just below the Welsh average and time series data shows a downward trend.

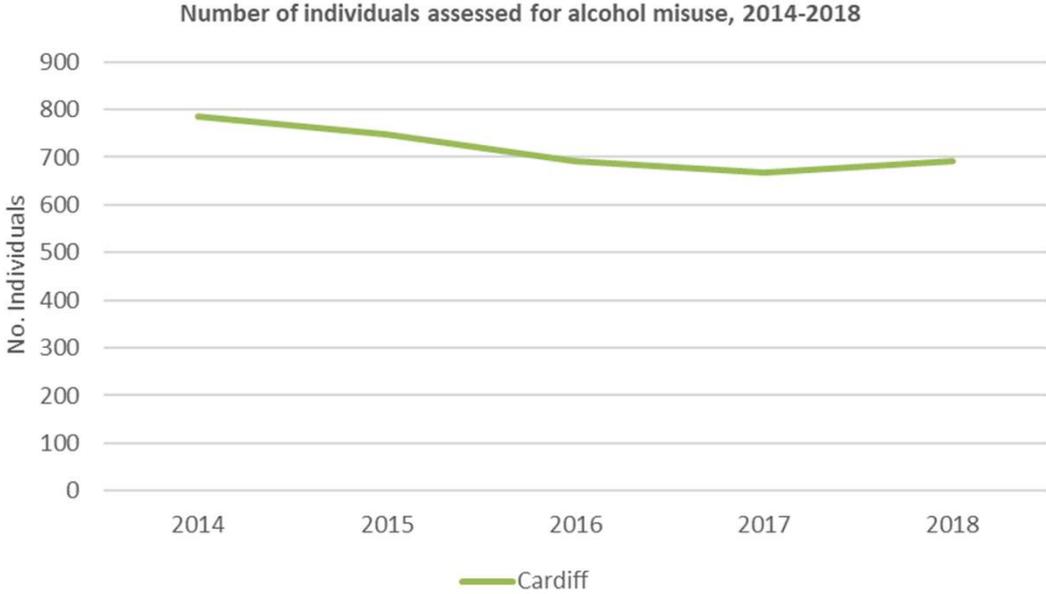
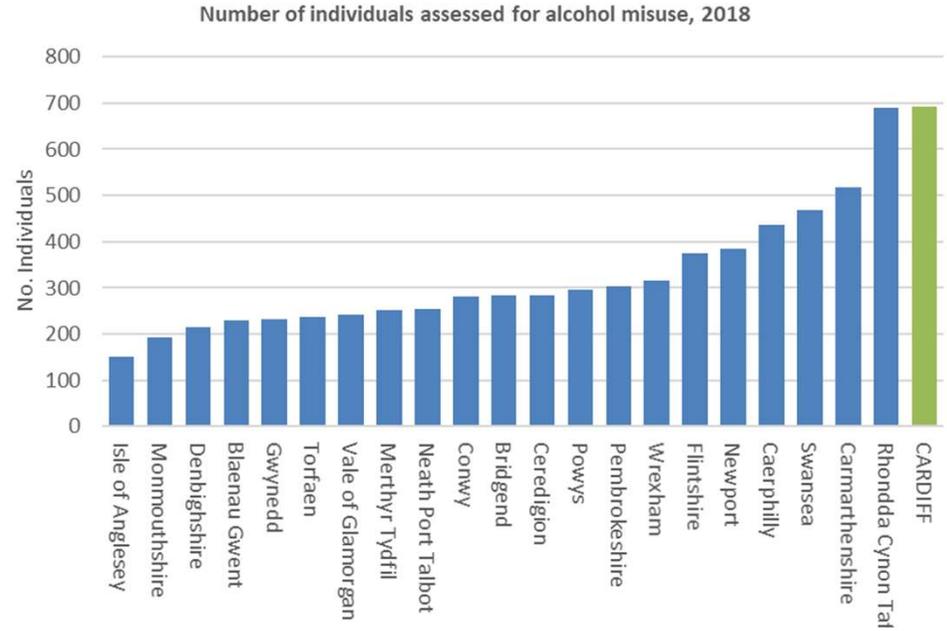


Source: Welsh Government

18. Number of Individuals Assessed for Alcohol Misuse

Key Points:

- Cardiff has the highest number of individuals assessed for alcohol misuse (692) in Wales. This figure has declined by over 10% since 2014

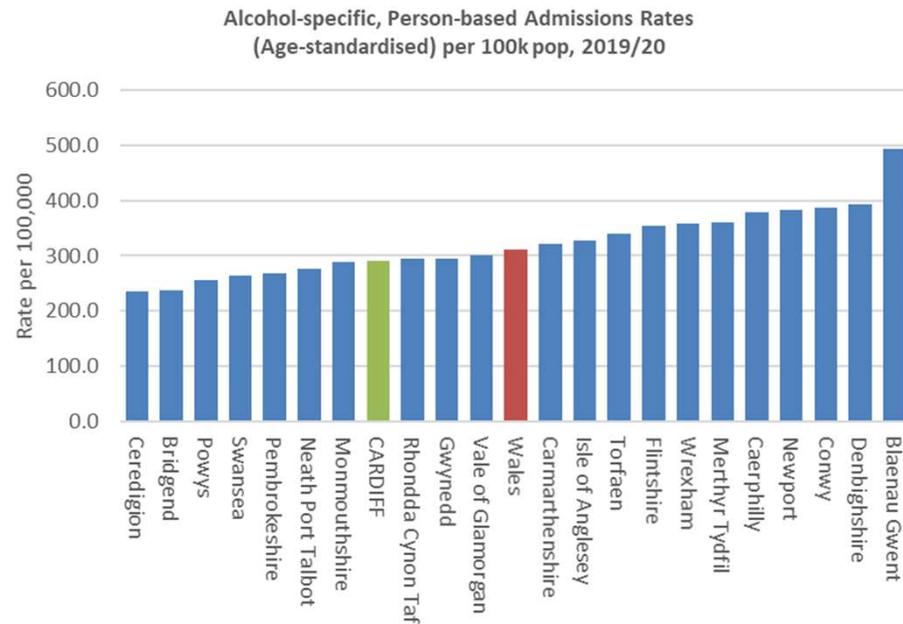


Source: NHS Wales Informatics Service (NWIS)

19. Alcohol Related Hospital Admissions

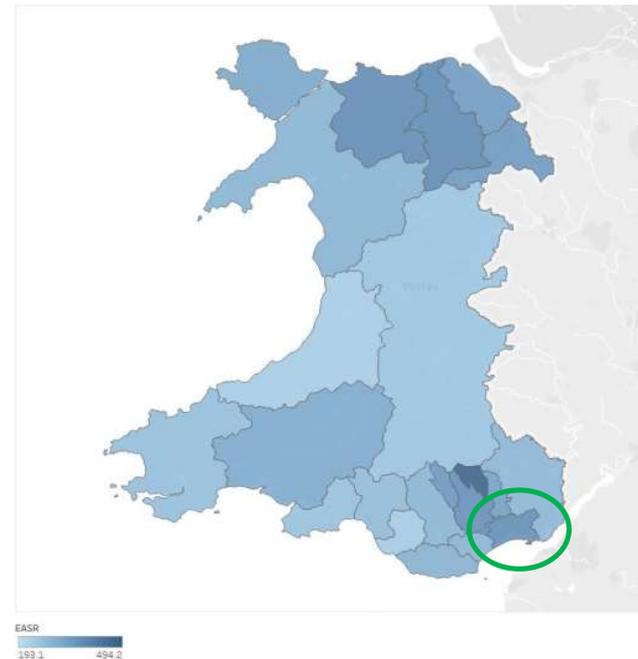
Key Points:

- Cardiff is mid-ranked among Welsh Local Authorities, with 291.7 admissions per 100,000 compared to Blaenau Gwent with the highest rate, 494.2 admissions per 100,000. Ceredigion has the lowest rate in Wales at 235.8 per 100,000.
- Latest data shows, Cardiff has seen a 9% decrease in its rate (2019/20 vs 2018/19)



Source: Health Maps Wales

Hospital admissions, alcohol-specific condition 2019-20 by Local Authority area
(European Age Standardised Rate)

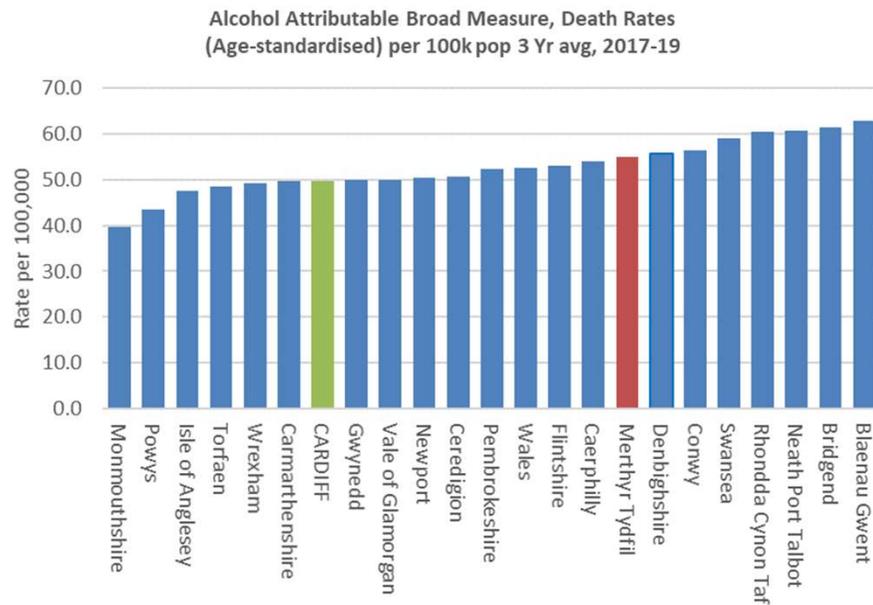


Source: Substance Misuse Programme / NHS Wales Informatics Service, 2020

20. Alcohol Attributable Deaths

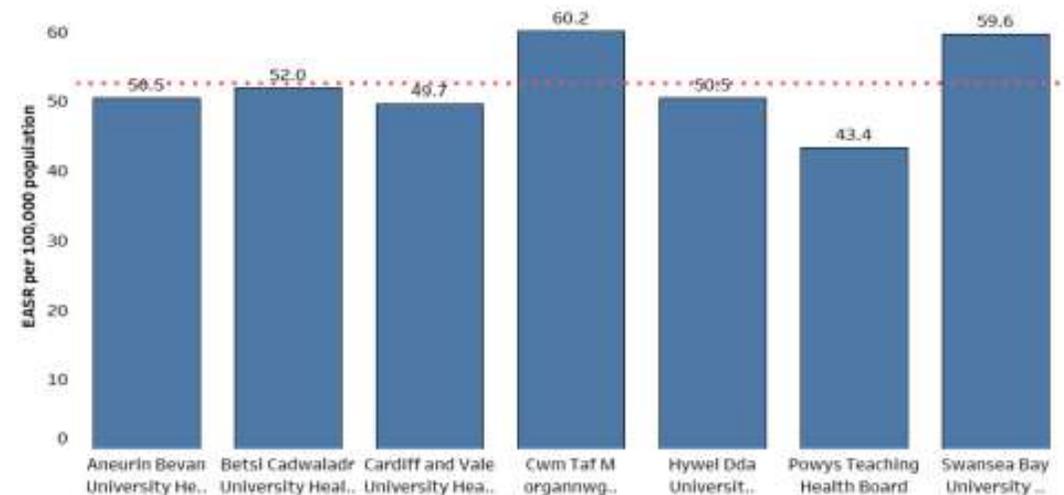
Key Points:

- For the most recent 3 year rolling period 2017-2019, the European age standardised rate of alcohol-attributable deaths per 100,000 for Cardiff
- is the 7th lowest among Welsh Local Authorities and Cardiff and Vale University Health Board is 3rd lowest out of the 7 Health Boards in Wales
- Differences between Health Boards are proportionally smaller compared to the significant variance across Health Boards for drug deaths



Source: Health Maps Wales

European Age Standardised Rate per 100,000 population of alcohol attributable deaths, AAF method, Wales, three year rolling average, deaths registered 2017-2019, by Health Board area



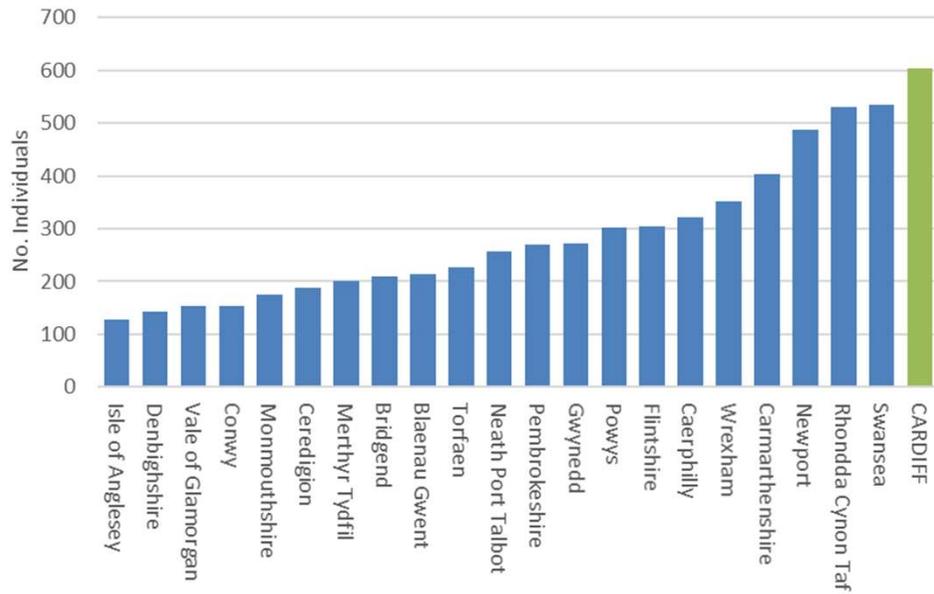
Source: Office for National Statistics and NHS Wales Informatics Service, 2020

21. Number of Individuals Assessed for Drug Misuse

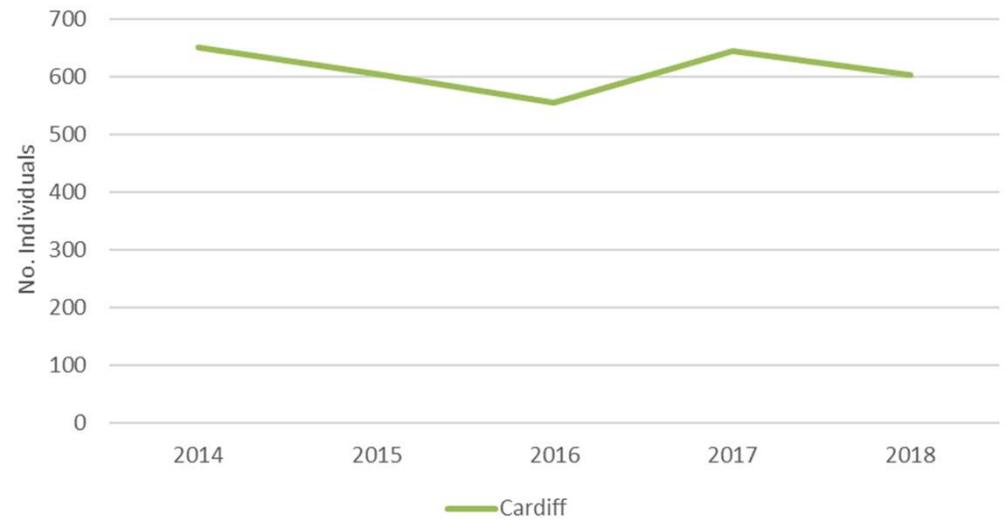
Key Points:

- Cardiff has the highest number of individuals assessed for drug misuse (603) in Wales. This figure has fluctuated over recent years and is down from 650 in 2014

Number of individuals assessed for drug misuse, 2018



Number of individuals assessed for drug misuse, 2014-2018



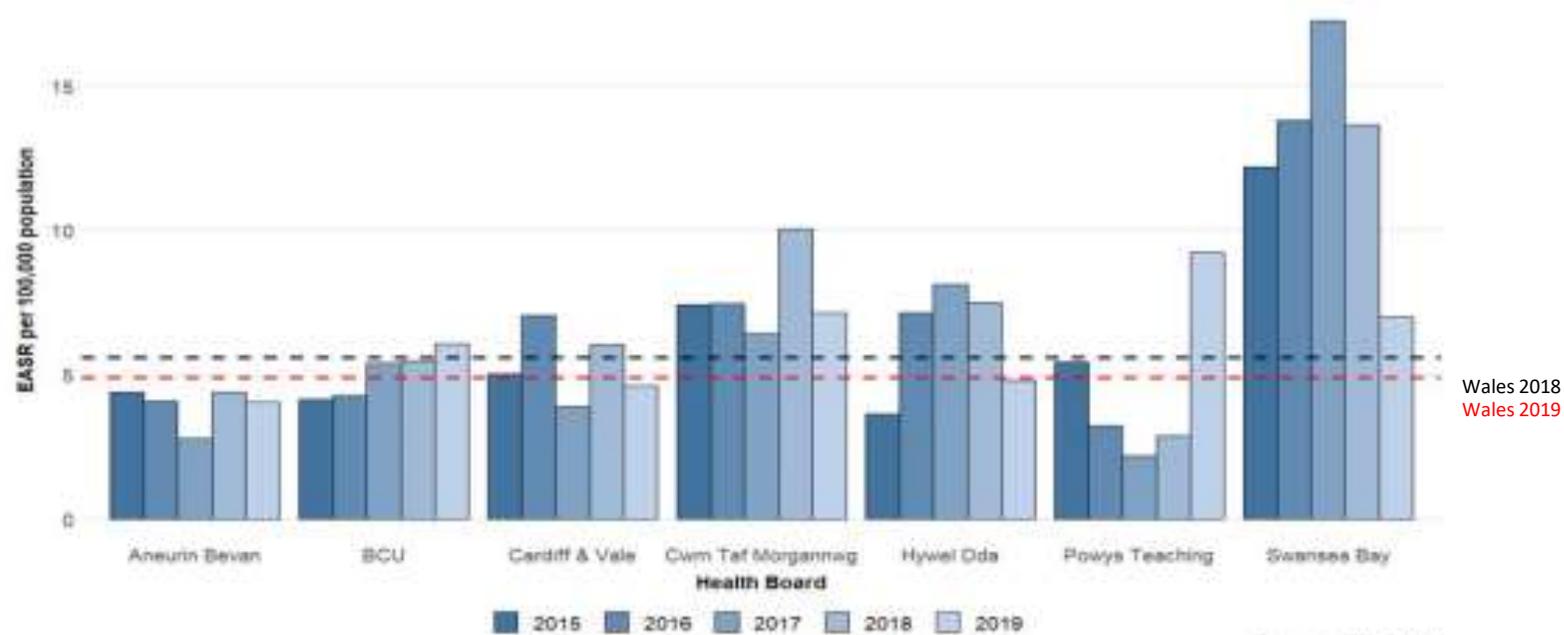
Source: NHS Wales Informatics Service (NWIS)

22. Drug Misuse Deaths

Key Points:

- The European age standardised rate (EASR) for drug misuse deaths registered in 2019 in Wales was 5.6 deaths per 100,000 population compared with 7.2 deaths per 100,000 population in 2018.
- Since 2016, Cardiff and Vale has improved its position compared to the 7 Health Boards in Wales. In 2019, Cardiff and Vale had the second lowest rate and was below the rate for Wales.

European Age Standardised Rate per 100,000 population of deaths from drug misuse registered in Wales 2019, by Health Board area



Source : ONS 2020

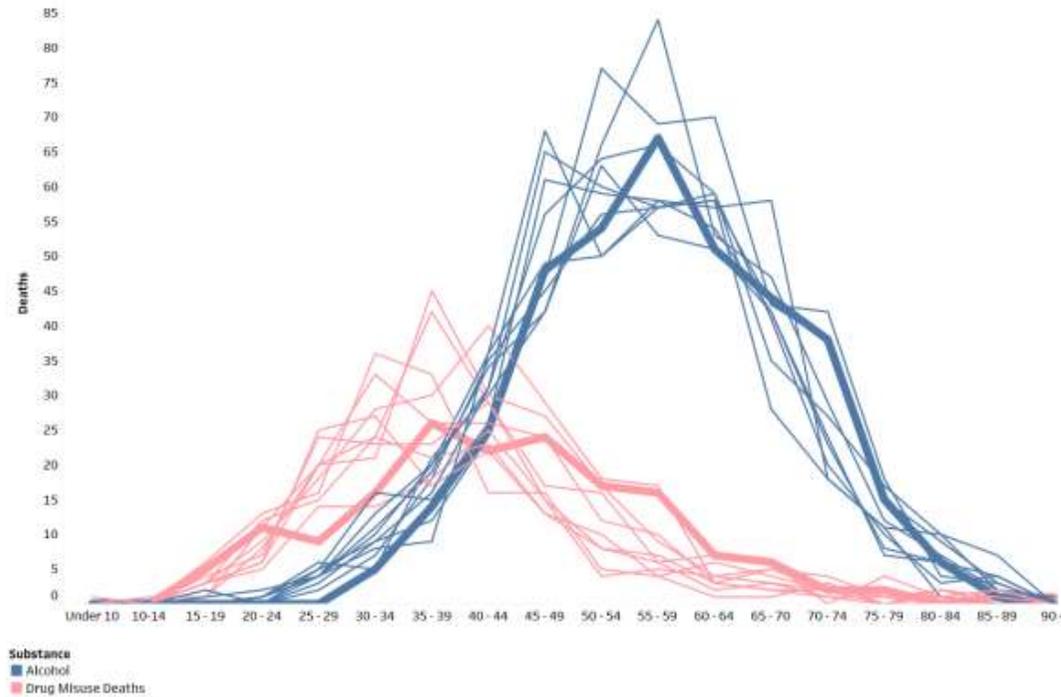
Source: Office for National Statistics, 2020

23. Deaths from Illicit Drugs and Alcohol by Age (Wales)

Key Points:

- As in previous years, deaths from illicit drugs and alcohol show distinct age-peak patterns
- In 2019, for illicit drug deaths, the peak is observed in the 35-39 age groups and for alcohol deaths peaking within the 55-59 year age group
- Deaths from illicit drugs occur within age ranges 15-19 to 65-69, with very low numbers recorded in older adults, whilst a wider age range is observed for alcohol deaths, from 20-24 through to 90+ years.

Deaths from drug misuse and alcohol-specific conditions, Wales, 2010-19 by age quintiles (data for 2019 is highlighted)



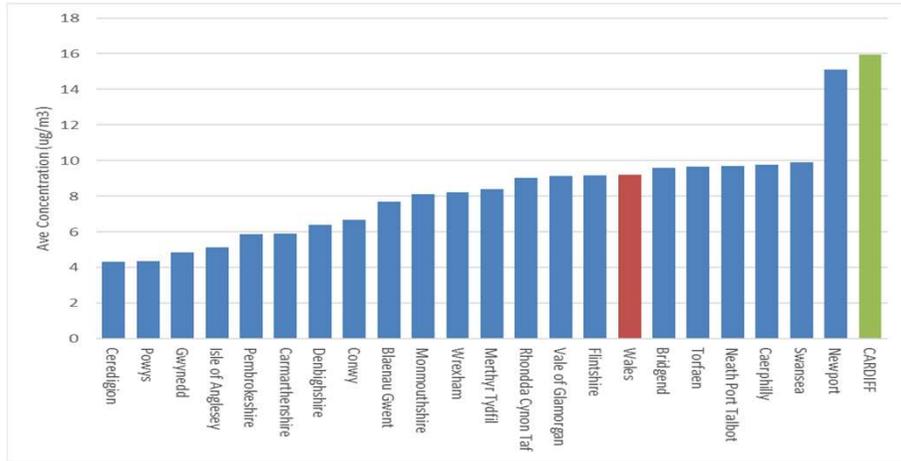
Source: Office for National Statistics, 2020

24a. Pollution Levels in the Air: Nitrogen Dioxide (NO2)

Key Points:

- Cardiff has the highest NO2 pollution levels in Wales, with high levels of pollution concentrated in and around the city centre and the M4 stretch near Whitchurch and Tongwynlais.
- Cardiff's NO2 levels have slightly decreased since 2015, from 19µg/m3 to 16µg/m3

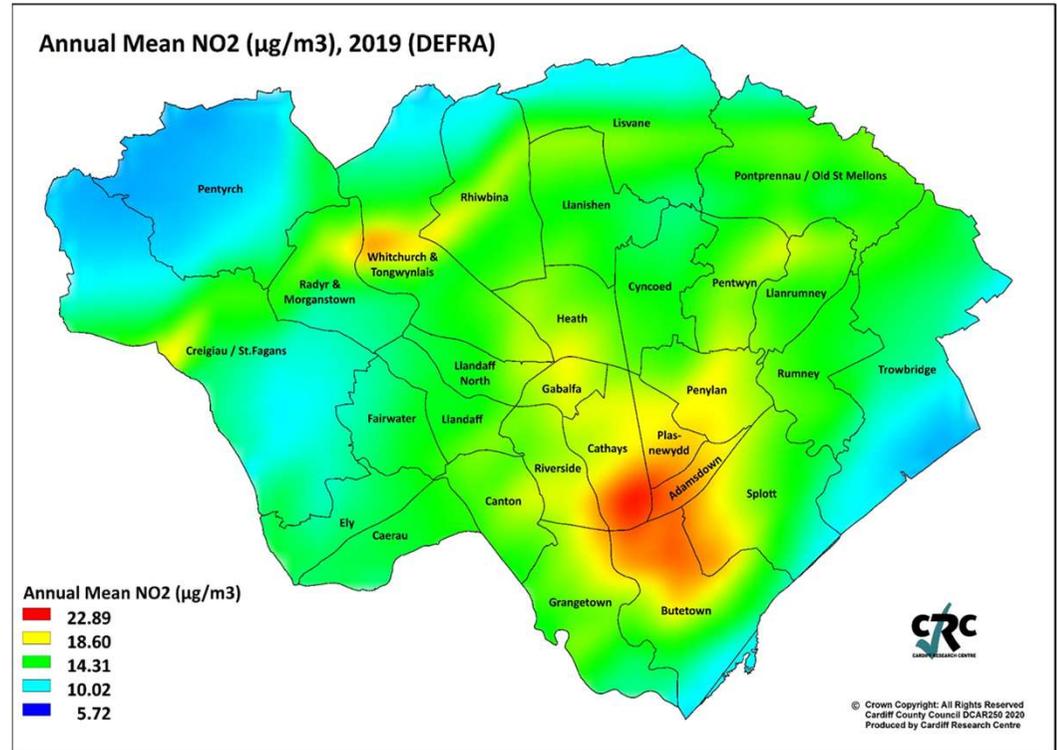
Average NO2 Concentration at Residential Dwelling Locations (µg/m3), 2019



Average NO2 Concentration at Residential Locations (µg/m3), 2007-2019



Source: Welsh Government Modelled Data



Source: DEFRA Modelled Data

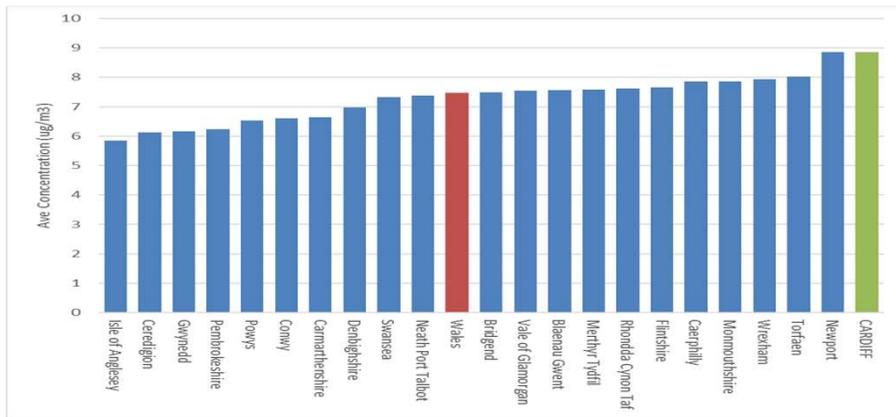
NB. Data represents average NO2 levels – specific locations may have higher or lower levels than indicated in the map above.

24b. Pollution Levels in the Air: Particulate Matter (PM2.5)

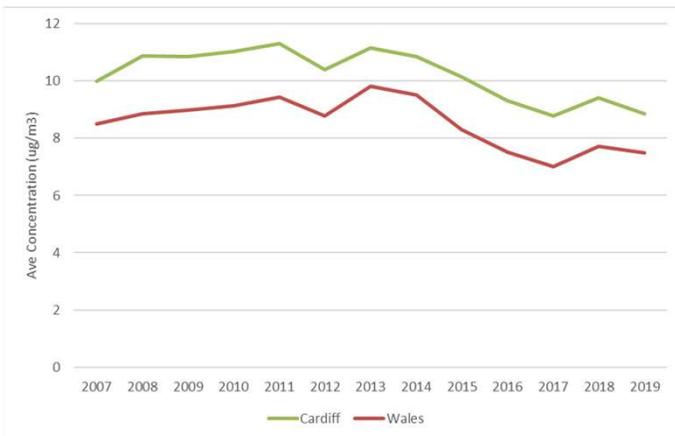
Key Points:

- Cardiff has the highest PM2.5 pollution levels in Wales, with high levels of pollution concentrated just outside the city centre, predominantly in Plasnewydd and Adamsdown.
- Cardiff's PM2.5 levels have slightly decreased since 2015, from 10µg/m³ to 9µg/m³

Average PM2.5 Concentration at Residential Dwelling Locations (µg/m³), 2019

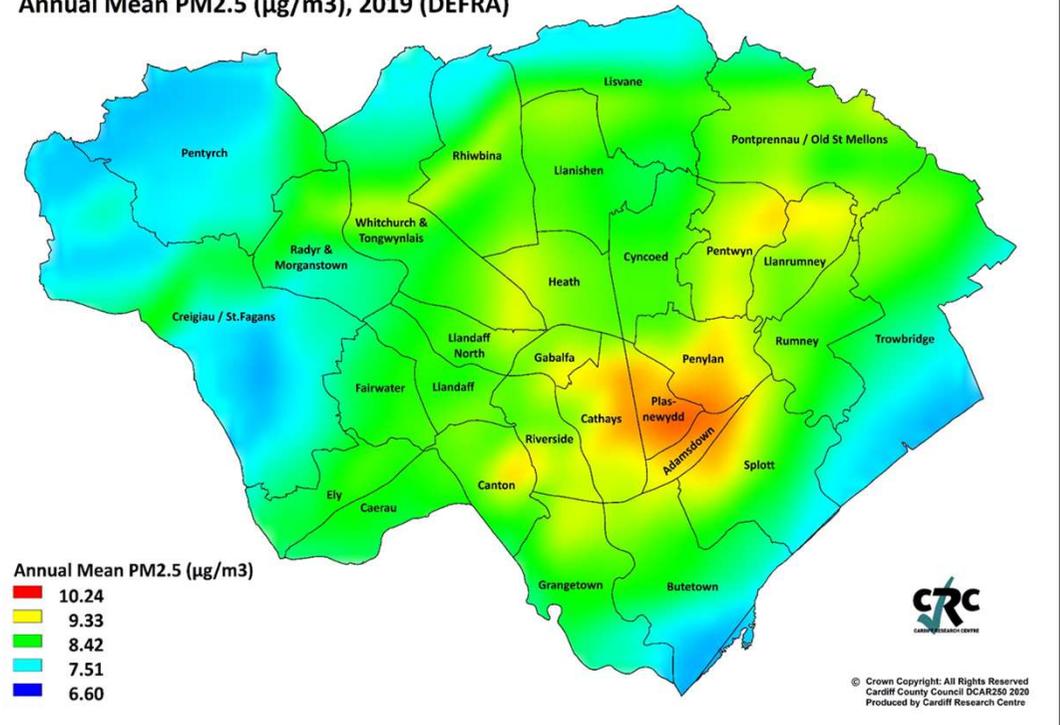


Average PM2.5 Concentration at Residential Dwelling Locations (µg/m³), 2007-2019



Source: Welsh Government Modelled Data

Annual Mean PM2.5 (µg/m³), 2019 (DEFRA)



Source: DEFRA Modelled Data

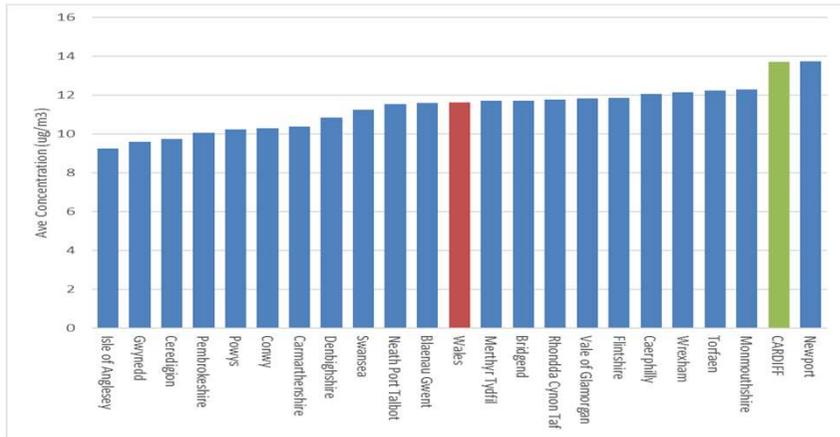
NB. Data represents average PM2.5 levels – specific locations may have higher or lower levels than indicated in the map above.

24c. Pollution Levels in the Air: Particulate Matter (PM10)

Key Points:

- Cardiff has the highest PM10 pollution levels in Wales, with high levels of pollution concentrated in and just outside the city centre, predominantly in Cathays, Plasnewydd, Adamsdown and Penylan. High levels of pollution can also be found in parts of Pentwyn, Pontprenau/ Old St Mellons, Whitchurch & Tongwynlais, Radyr & Morganstown and Pentyrch.
- Cardiff's PM10 levels have slightly decreased since 2015, from 15µg/m3 to 14µg/m3

Average PM10 Concentration at Residential Dwelling Locations (µg/m3), 2019

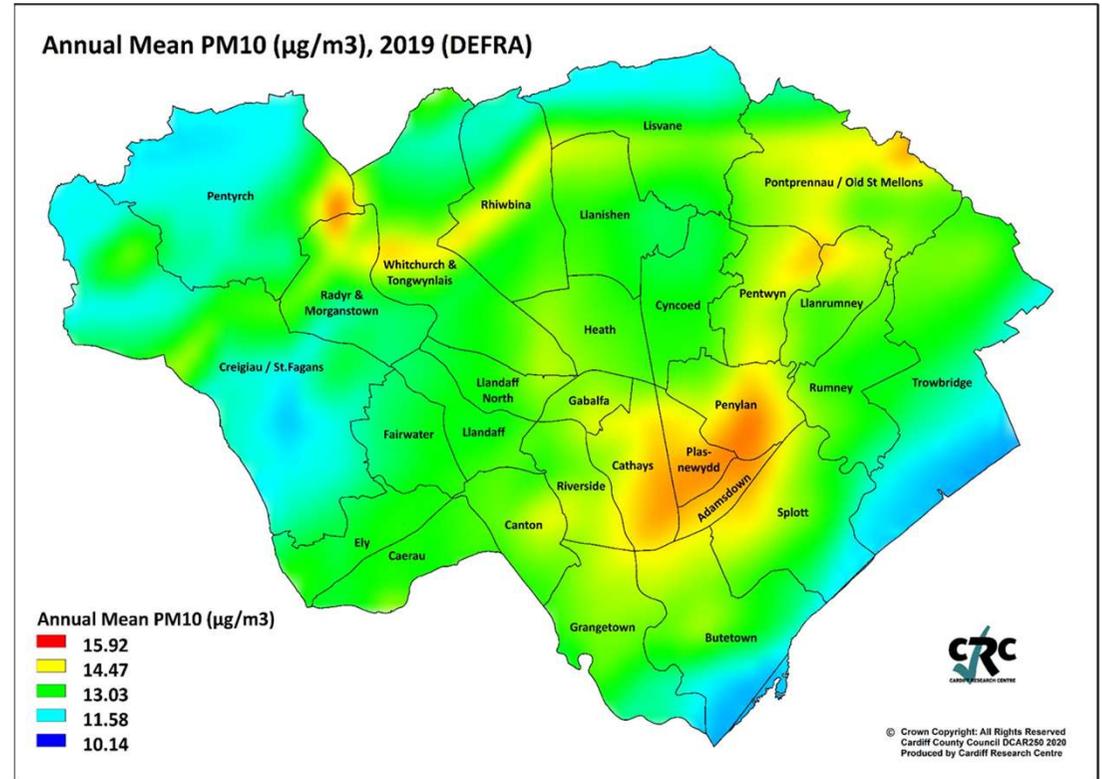


Average PM10 Concentration at Residential Dwelling Locations (µg/m3), 2007-2019



Source: Welsh Government Modelled Data

Annual Mean PM10 (µg/m3), 2019 (DEFRA)



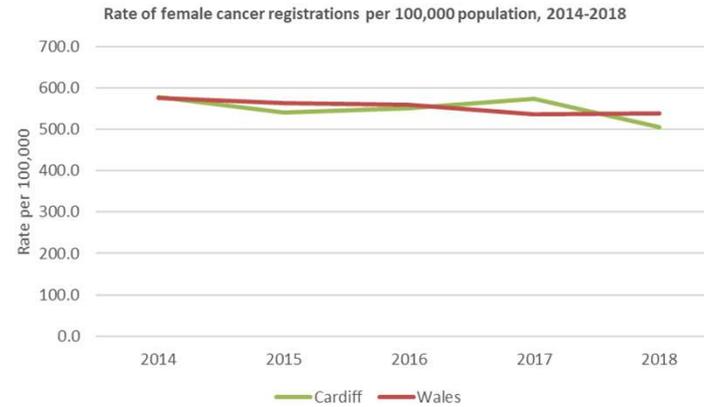
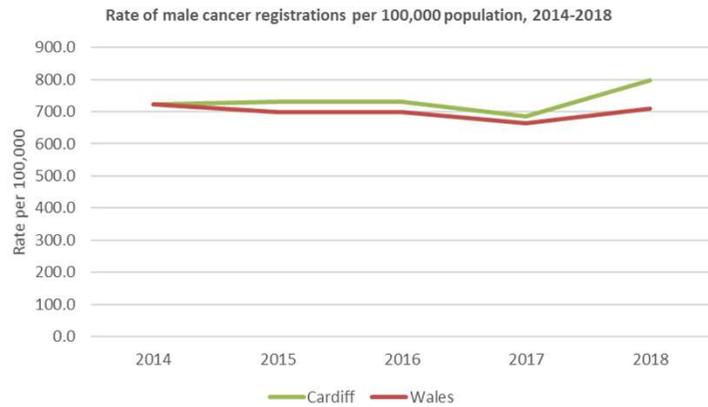
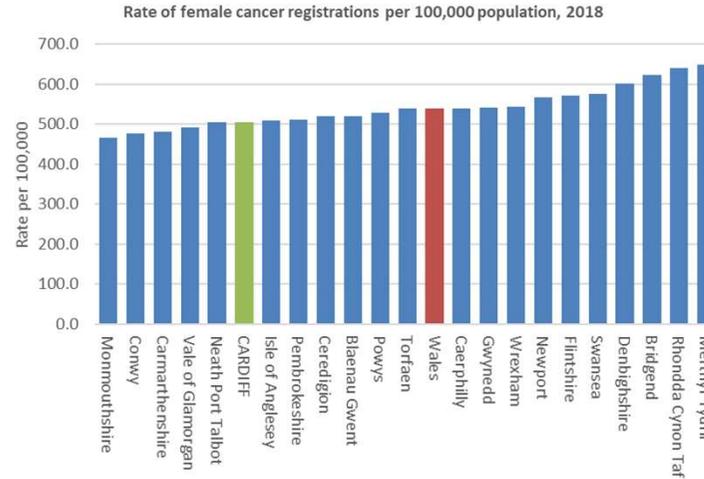
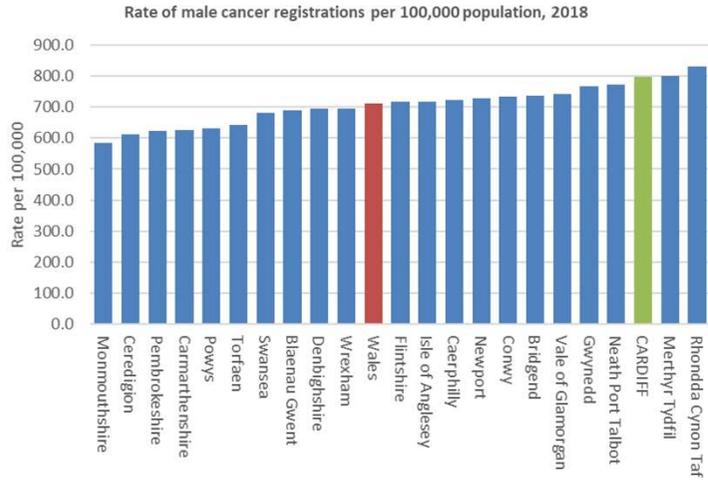
Source: DEFRA Modelled Data

NB. Data represents average PM10 levels – specific locations may have higher or lower levels than indicated in the map above.

25. Rate of Cancer Registrations per 100,000 Population

Key Points:

- 2018 – latest data available
- Cardiff has the fifth highest rate of cancer registrations per 100,000 of Welsh Local Authorities
- Cardiff has one of the highest rates of male registrations (798.7) and one of the lower rates of female registrations per 100,000 (505.3)
- Over time, the male rate has been above the Wales average since 2014, while the female rate fell below the Wales average in 2018

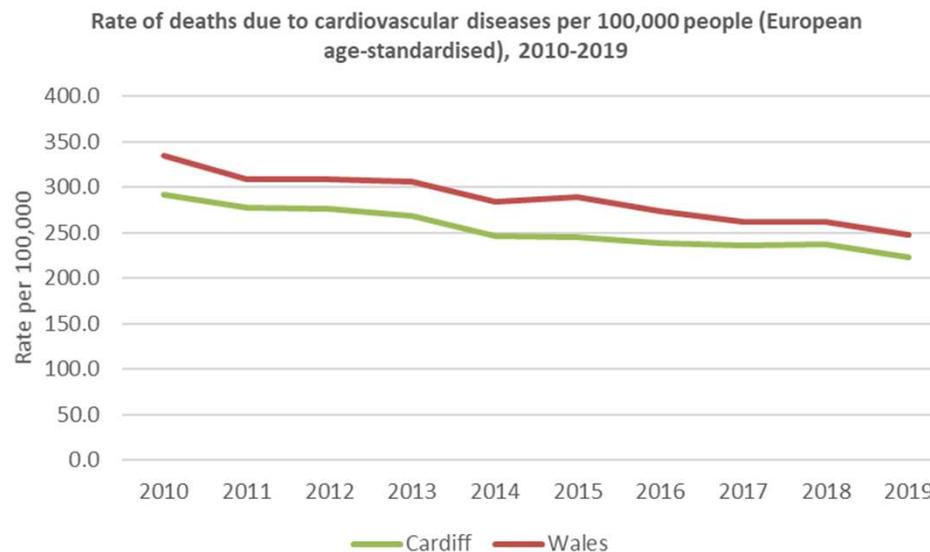
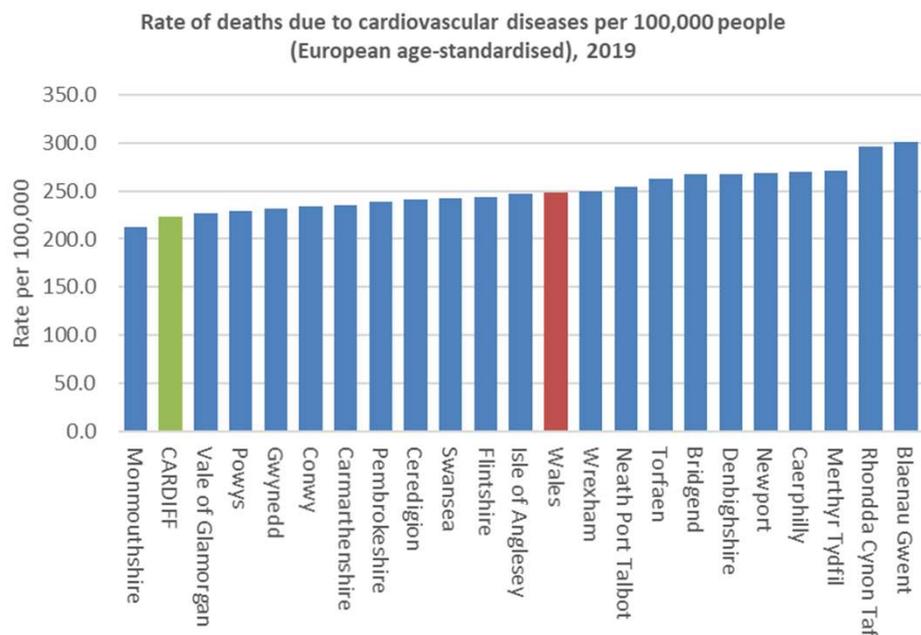


Source:
Welsh Cancer Intelligence and Surveillance Unit
(WCISU)

26. Rate of Deaths due to Cardiovascular Diseases per 100,000 People (European Age-standardised)

Key Points:

- Across Wales, Cardiff has the second lowest rates of death due to cardiovascular disease per 100,000 (223.1)
- Cardiff has seen a downward trend similar to the trend for Wales

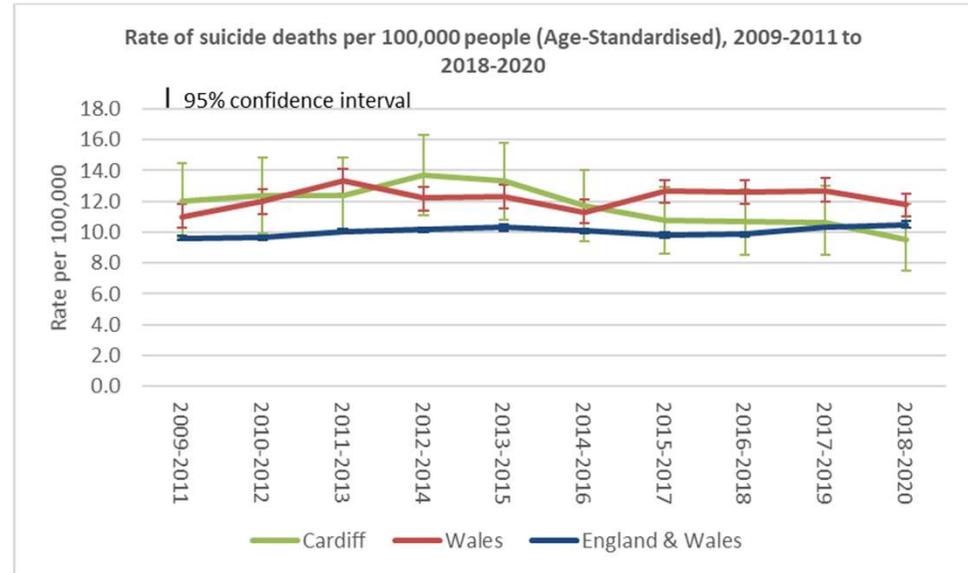
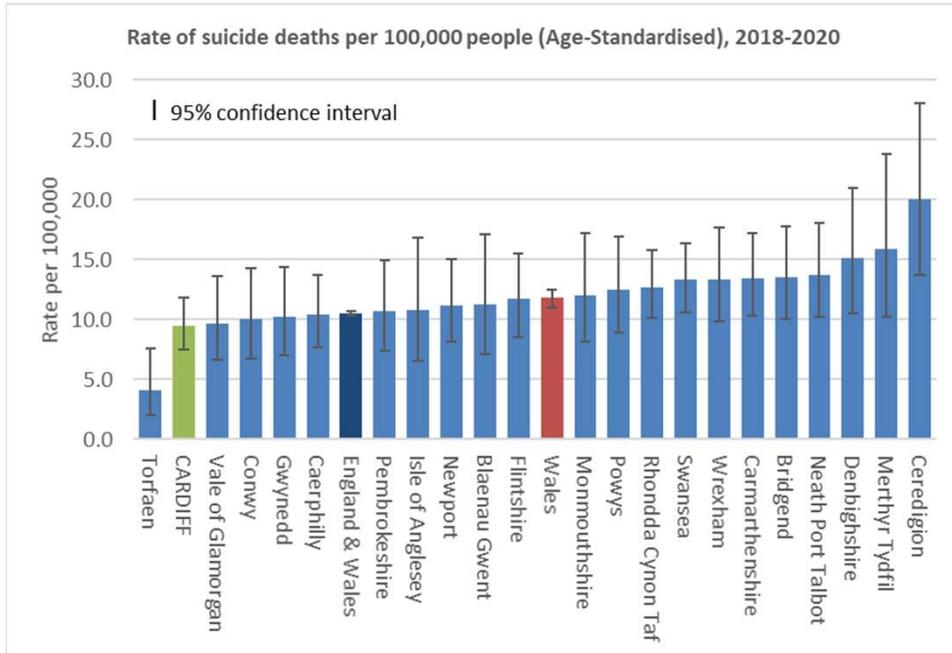


Source: NHS Wales Informatics Service (NWIS)

27. Rate of Suicide Deaths per 100,000 People

Key Points:

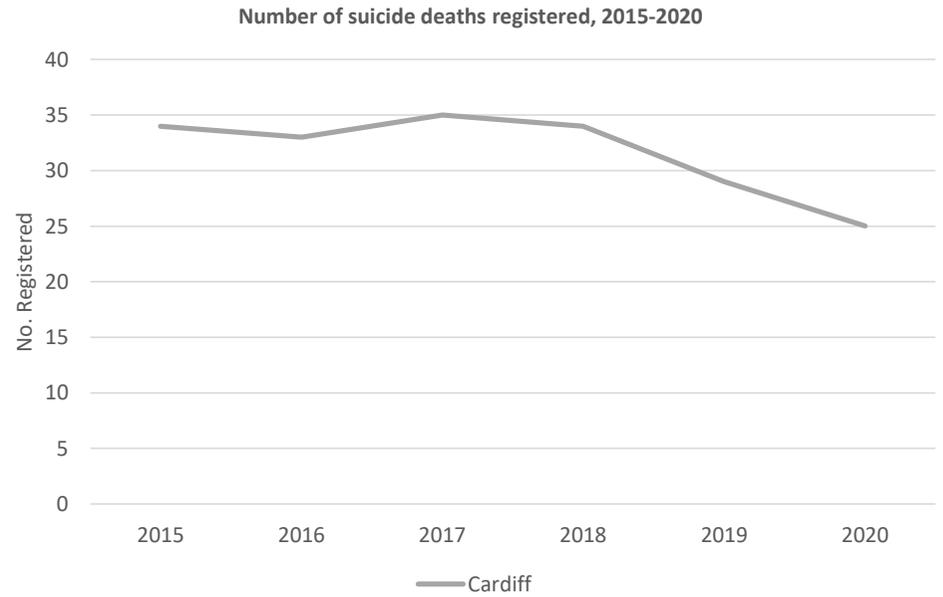
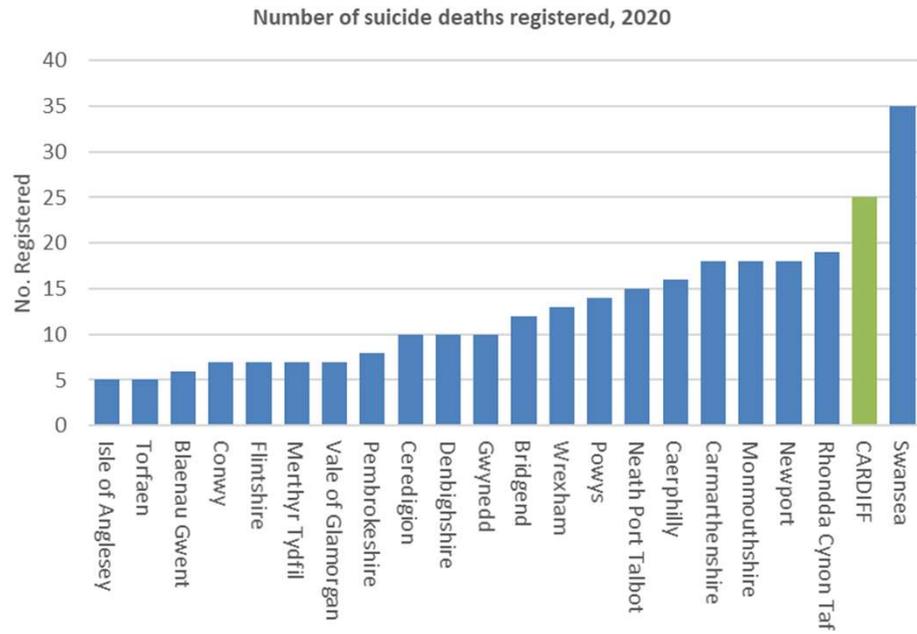
- Cardiff has one of the lowest suicide rates per 100,000 people and is below the Welsh average



28. Number of Suicide Deaths Registered

Key Points:

- Cardiff has the second highest number of suicide deaths registered (25) in Wales (2020). This figure has declined since 2017

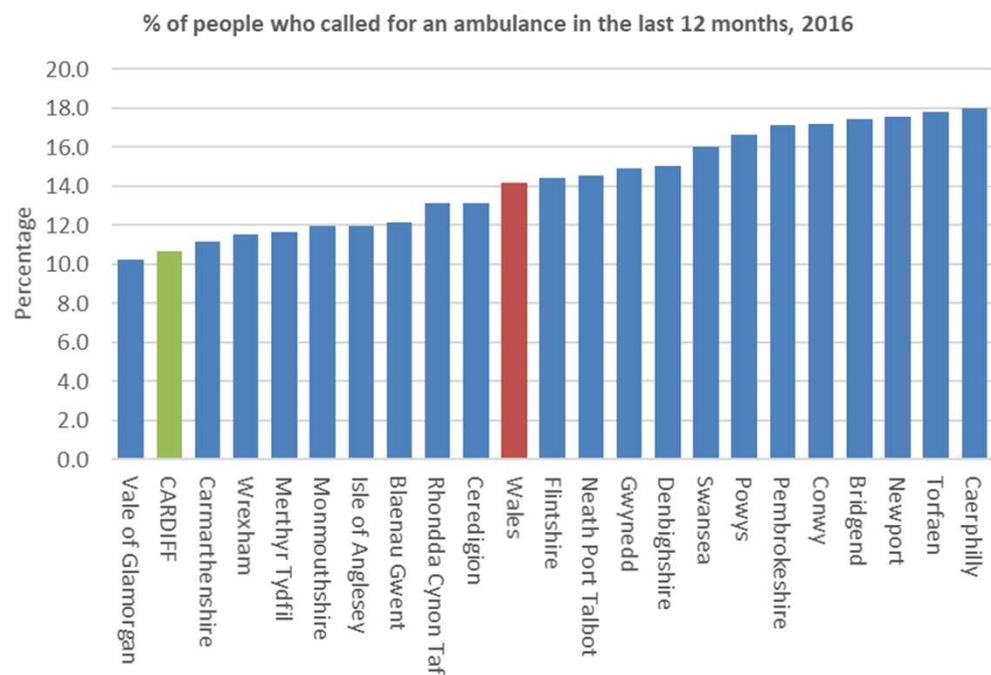


Office for National Statistics (ONS)

29. Percentage of People who Called for an Ambulance in the Last 12 Months

Key Points:

- In 2016, Cardiff had the second lowest rate for calling an ambulance of Welsh Local Authorities



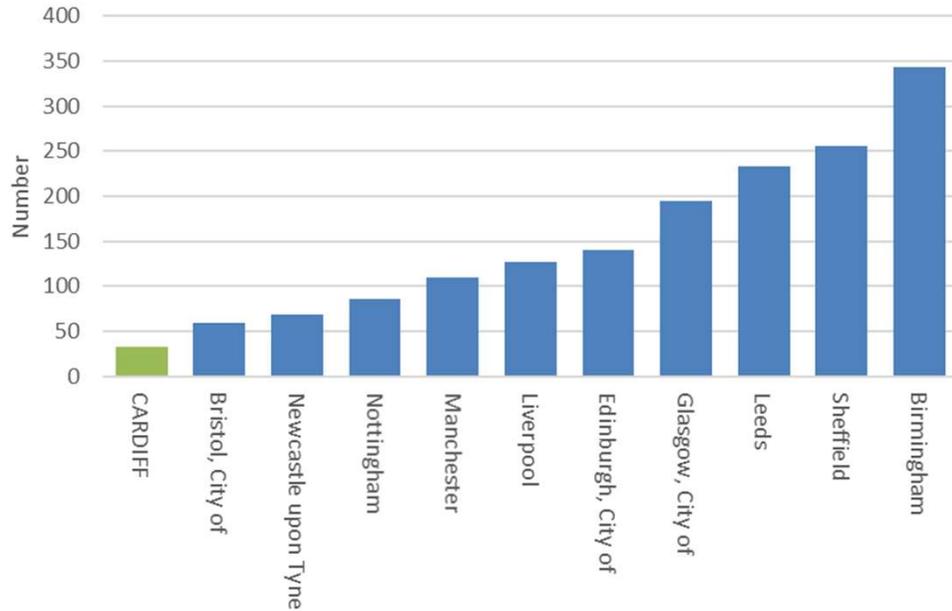
Source: Welsh Government

30. Number of Killed or Seriously Injured Road Casualties

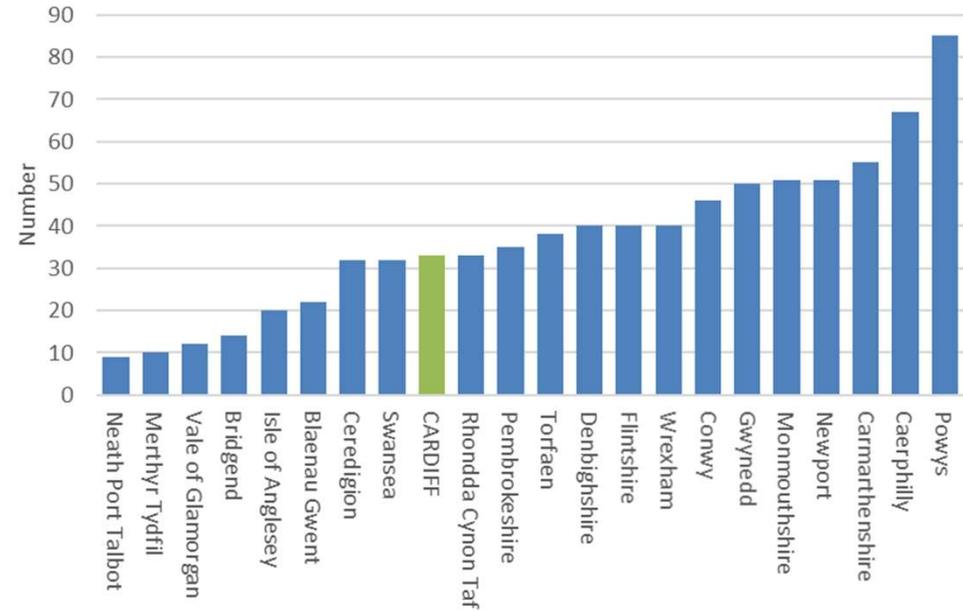
Key Points:

- In 2020, Cardiff had the lowest number of killed or seriously injured road casualties of the UK's Core Cities and Edinburgh
- Since 2015, there has been a downward trend. Cardiff has the 9th lowest rate of Welsh local authorities and significantly lower than the worst performing authorities such as Powys and Caerphilly.

Number of killed or seriously injured road casualties, 2020



Number of killed or seriously injured road casualties, 2020

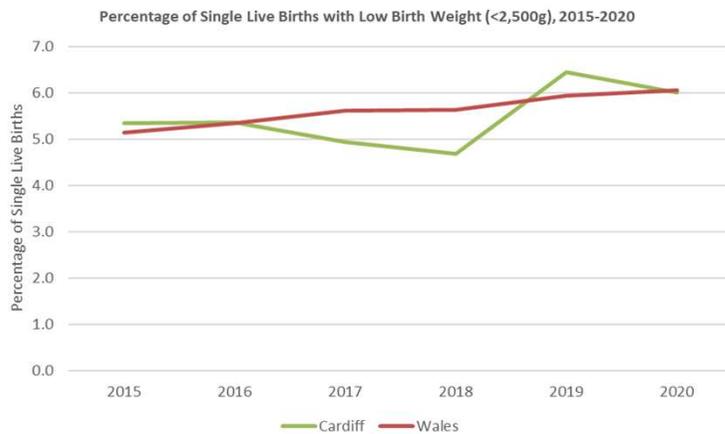
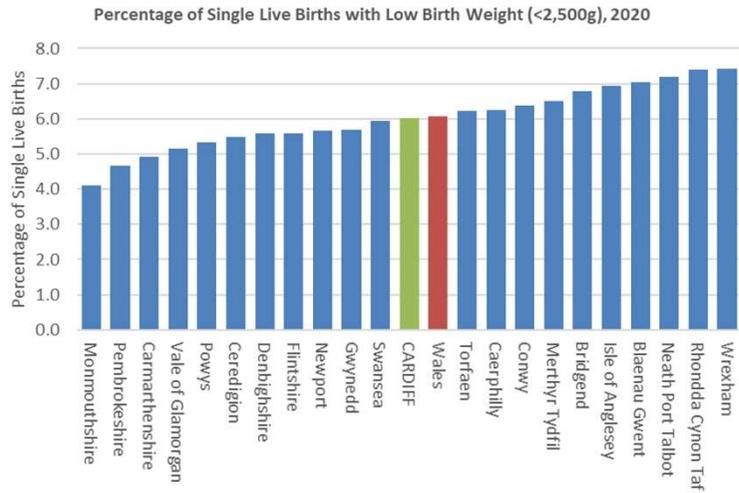


Source: Welsh Government

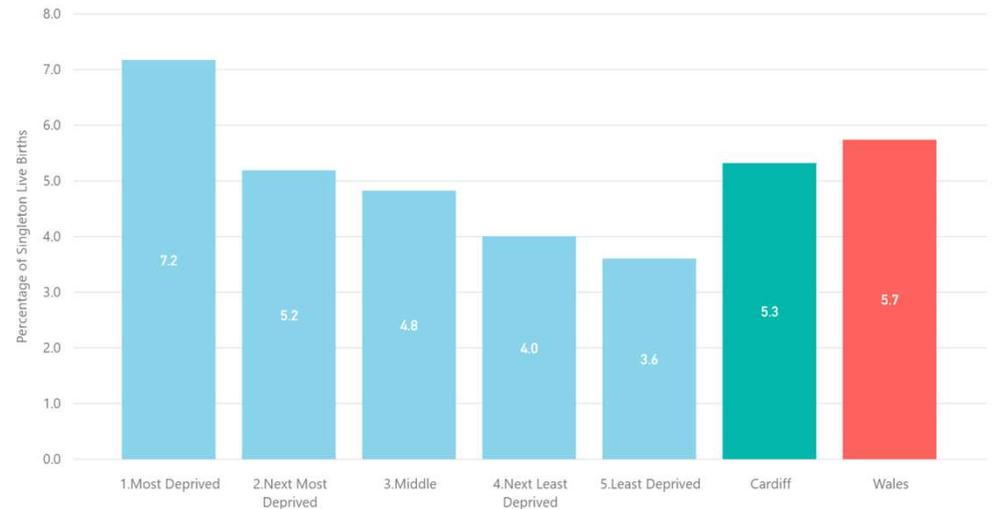
31. Percentage of Low Birth Weight Babies

Key Points:

- Cardiff is now just below the Wales average in the percentage of babies with low birth weight, having been noticeably below the average in 2017 and 2018
- The percentage of low birth weight babies is twice as high in the most deprived areas compared to the least deprived, 7.2% and above the Wales average



Percentage of Singleton Live Births with Low Birth Weight (<2,500g): Cardiff by Deprivation Fifth, 2017-19 (Latest data)



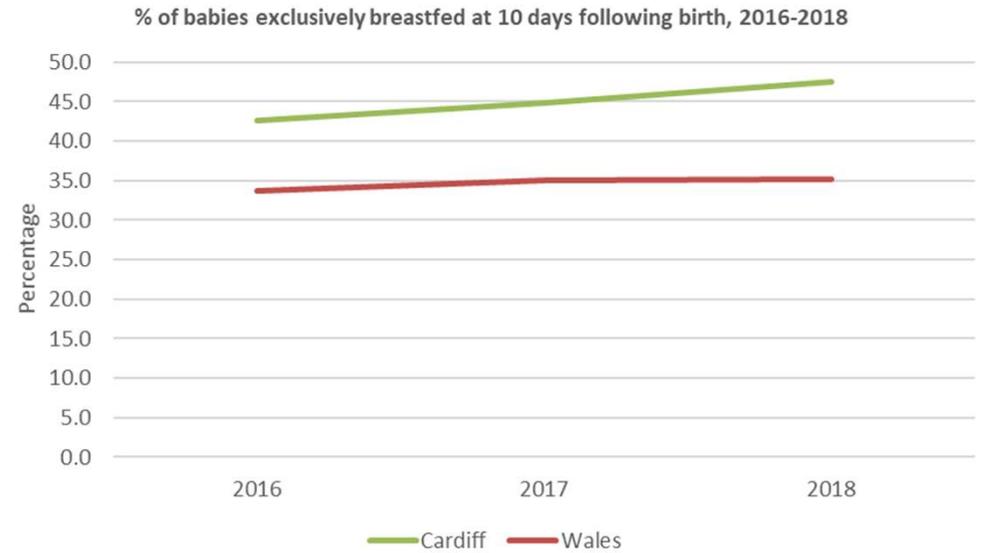
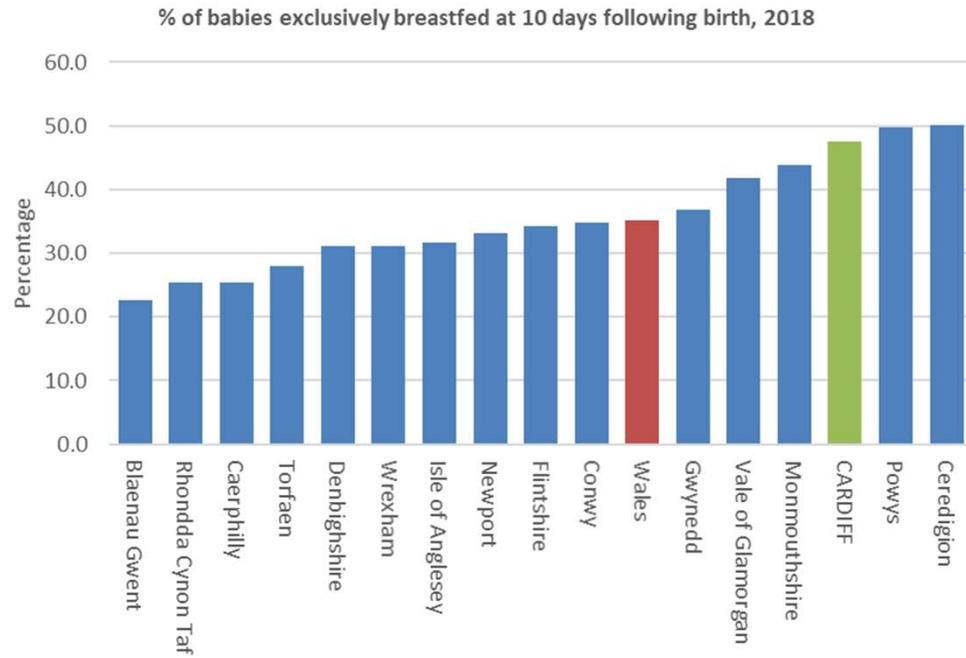
Source: Public Health Wales
 NB. 2017-19 data uses 2019 Welsh Index of Multiple Deprivation ranks. Previous years use 2014 Welsh Index of Multiple Deprivation ranks.

Source: Public Health Wales

32. Percentage of Babies Exclusively Breastfed at 10 days Following Birth

Key Points:

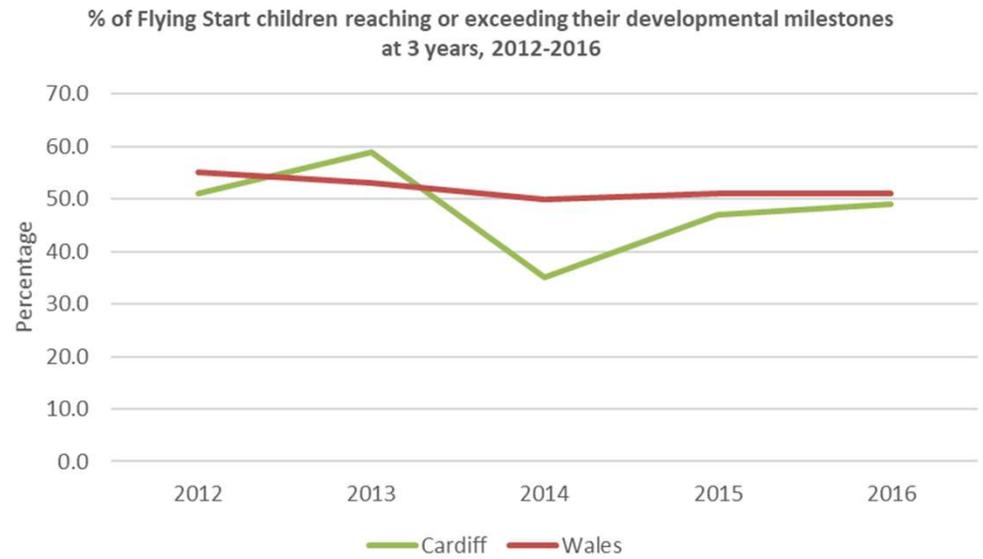
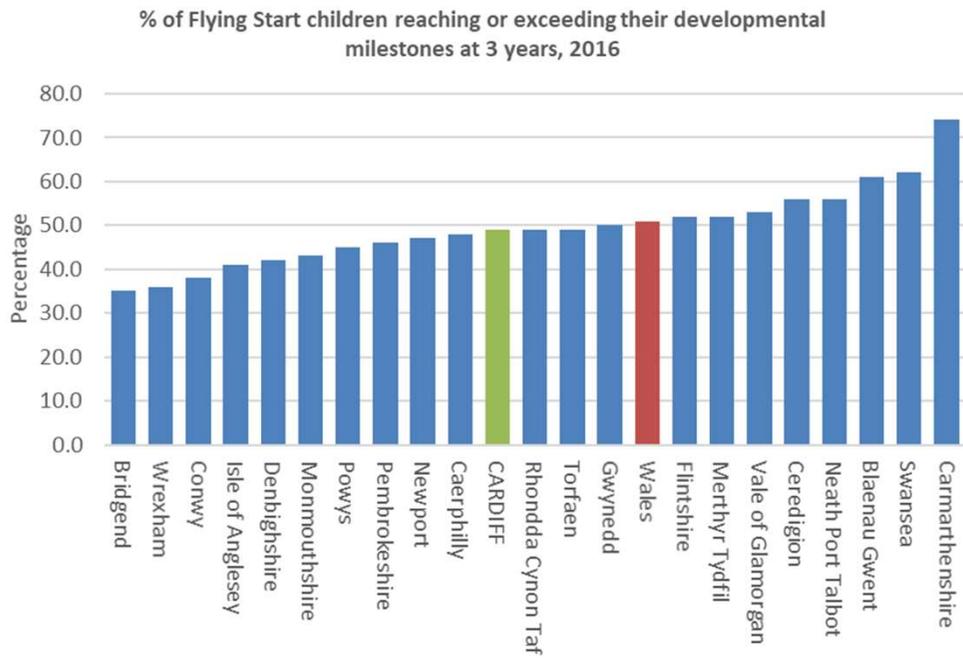
- Cardiff has one of the highest proportions of children exclusively breast fed at 10 days following birth (47.5%) and is well above the Wales average (35.2%)
- Over the past three recorded years Cardiff has seen an increase in the number of children exclusively breast fed at 10 days following birth



Source: Public Health Wales

33. Percentage of Flying Start Children Reaching or Exceeding their Developmental Milestones at 3 years

- Key Points:**
- Cardiff is just below Wales average in the percentage of Flying Start children exceeding their developmental milestones at 3 years old (49%)
 - This means that over half of Flying Start children do not reach developmental milestones aged 3

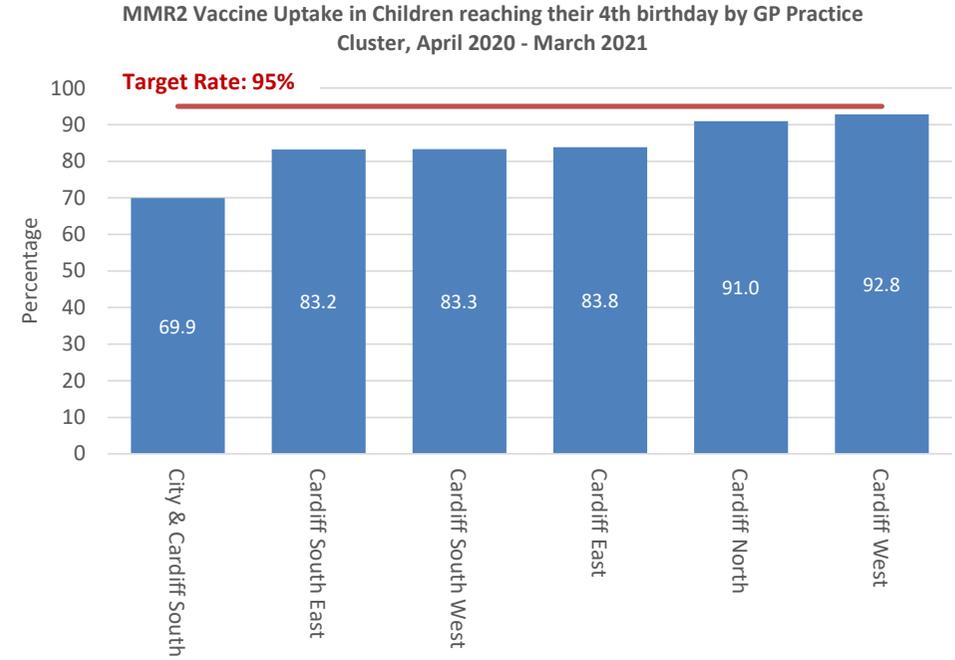
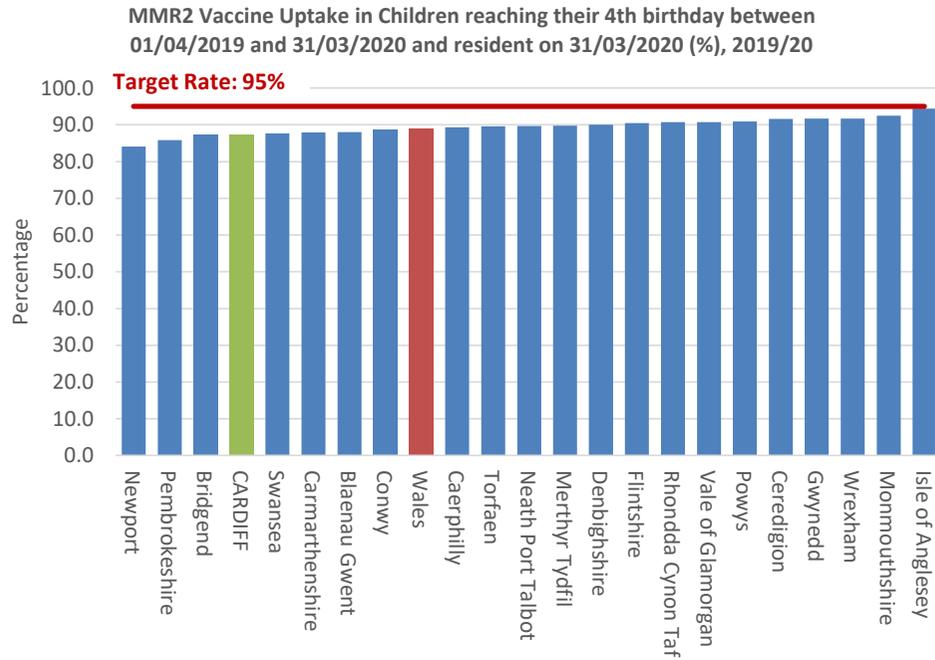


Source: Welsh Government

34. Uptake of MMR2 by Age 4

Key Points:

- Cardiff has one of the lowest MMR2 vaccination uptake rates in Wales, 87.4%
- Target immunisation rate is 95%, although no local authority in Wales currently meets this target
- The City & Cardiff South GP cluster has particularly low levels of uptake, and has seen a decline in recent years
- The best performing clusters in Cardiff are still below the national target

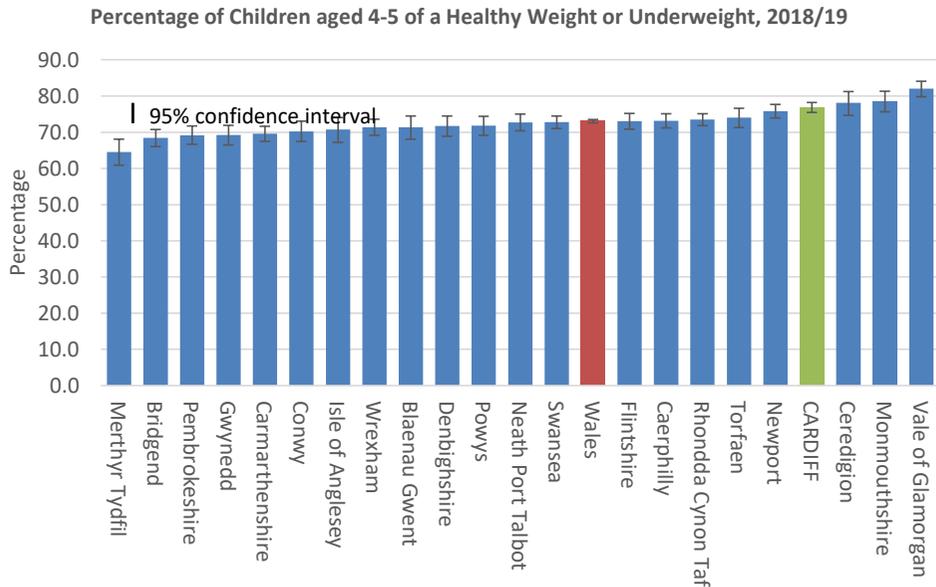


Source: Public Health Wales

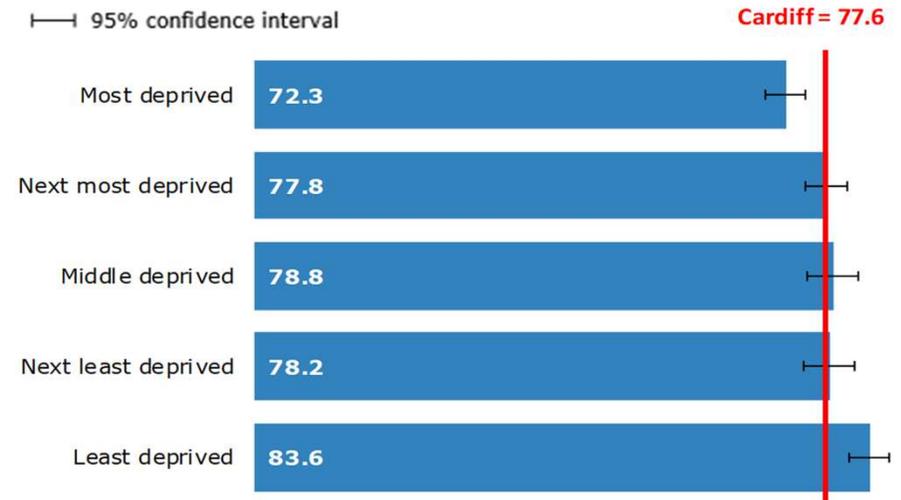
35. Percentage of children aged 4 to 5 who are a Healthy Weight

Key Points:

- Cardiff is performing well compared to other Welsh LAs (ranked 4th) and has been above Welsh average consistently since 2012
- However, over a 5th aged 4 or 5 in Cardiff are over weight or obese, 23.2%
- There is an 11 percentage point difference when comparing Cardiff's least/most deprived communities, with the gap increasing compared to the previous years



Percentage of children aged 4-5 years of a healthy weight or underweight, local deprivation fifths in Cardiff, 2017/18
Produced by Public Health Wales Observatory, using CMP (NWIS) and WIMD 2014 (WG)

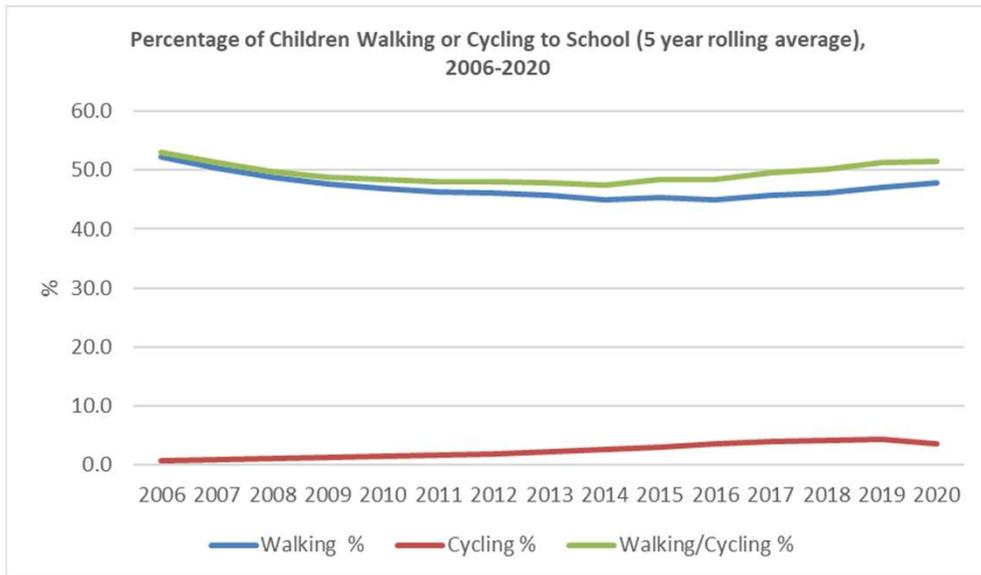


Source: Public Health Wales - Child Measurement Programme for Wales

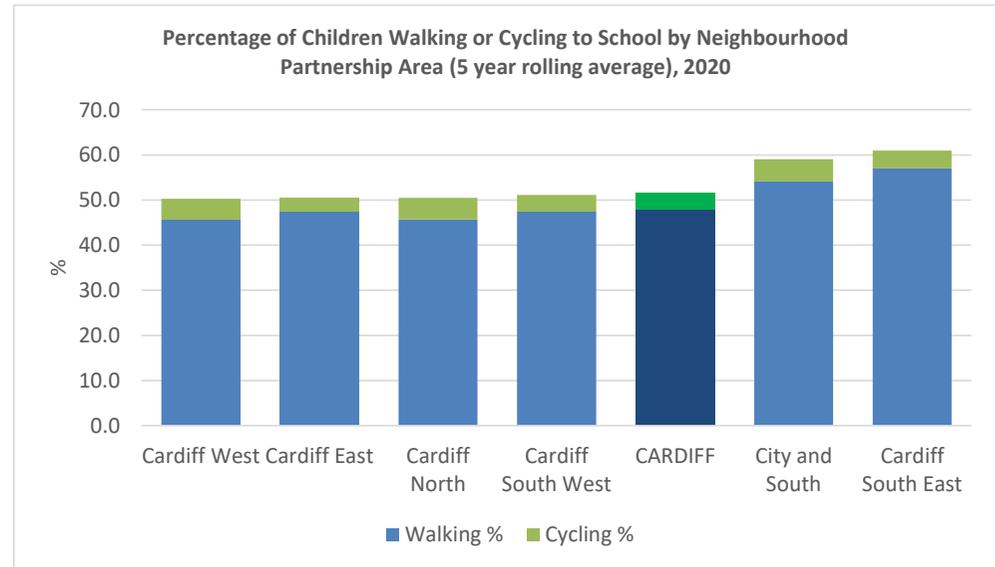
36. Percentage of Children cycling/walking to school

Key Points:

- Since 2014 the percentage of children cycling or walking to school has steadily increased
- Just over half of children in Cardiff active travel to school (51.5%)



Source: Cardiff Council (Strategic Planning)



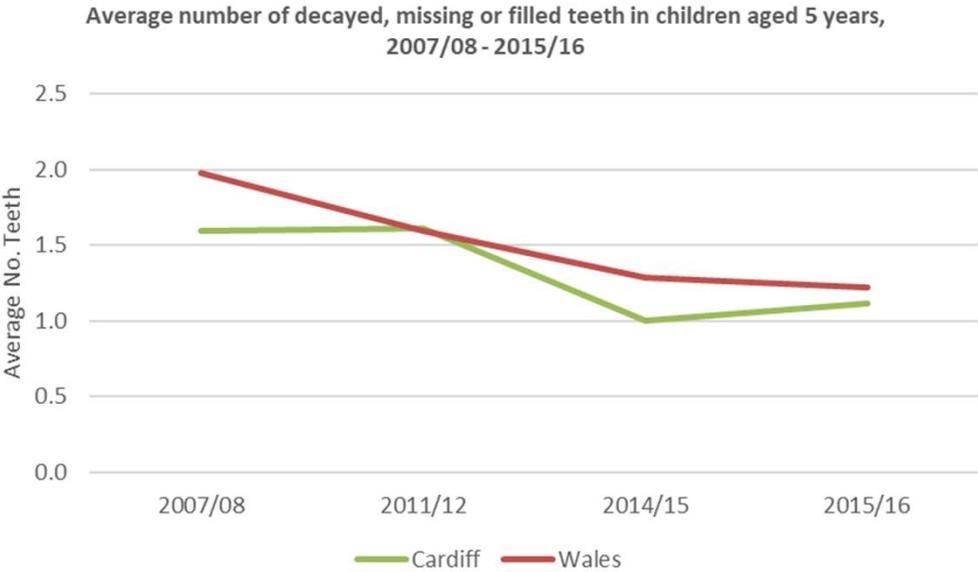
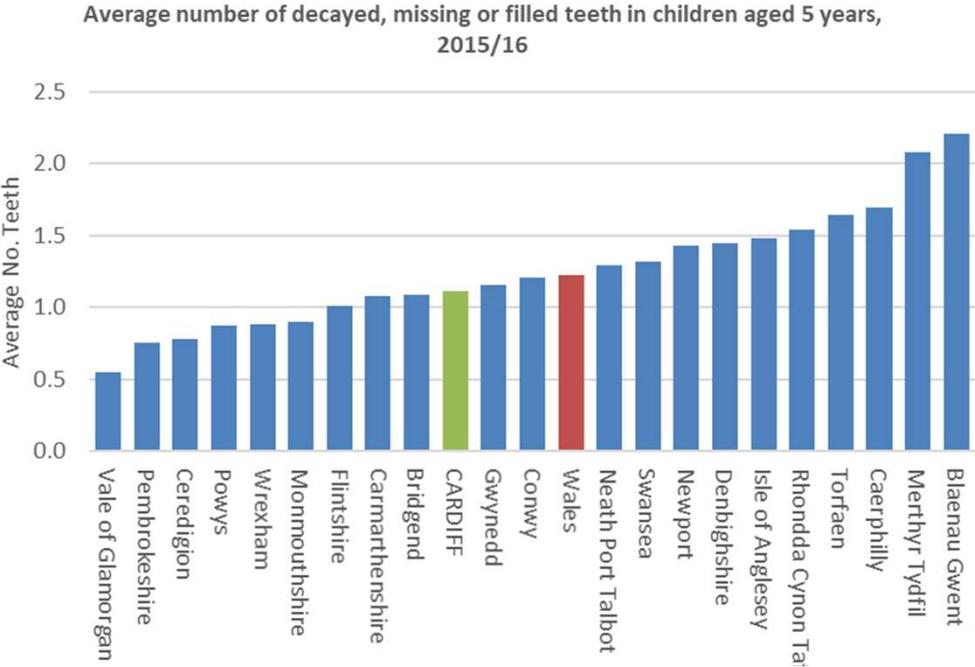
Source: Cardiff Council (Strategic Planning)

37a. Average Number of Decayed, Missing or Filled Teeth in Children Aged 5 years

Key Points:

- Cardiff is a mid-ranking local authority in terms of the average number of decayed, missing or filled teeth in children aged 5 years (1.1). Cardiff has followed a downward trend, with oral health improving amongst children aged 5.

Nb. No data on this measure is available beyond 2015/

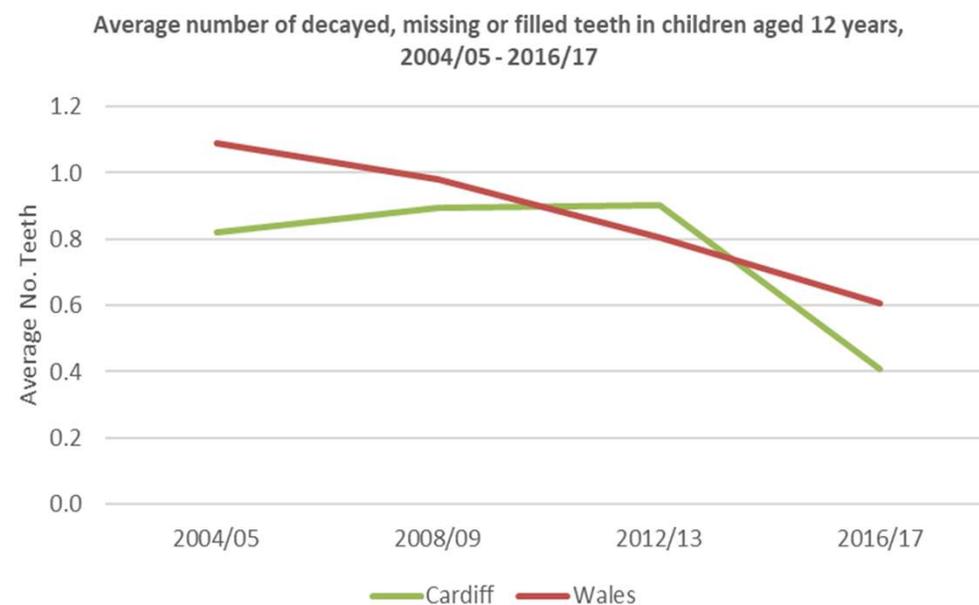
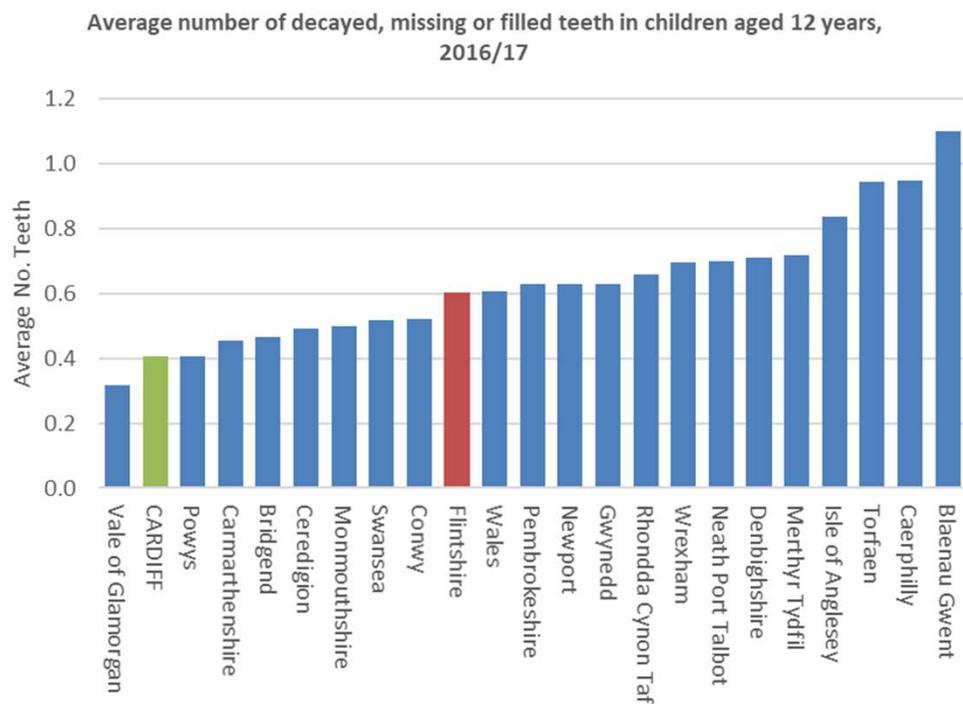


Source: Welsh Oral Health Information Unit (WOHIU)

37b. Average Number of Decayed, Missing or Filled Teeth in Children aged 12 years

Key Points:

- For children aged 12 years old, Cardiff is the second best local authority in terms of the average number of decayed, missing or filled teeth (0.4)
- Over time Cardiff has seen improvement in the oral health of children aged 12



Source: Welsh Oral Health Information Unit (WOHIU)

38. Mental Well-being: Children & Young Adults

Key Points:

- Mental well-being in children aged 11-16 is similar across Welsh Local Authorities. Cardiff is equal to the Wales average

Short Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS) average scores, children in secondary school aged 11-16, by local authority, Wales, 2017/18

Produced by Public Health Wales Observatory, using HBSC & SHRN (DECIPHer)

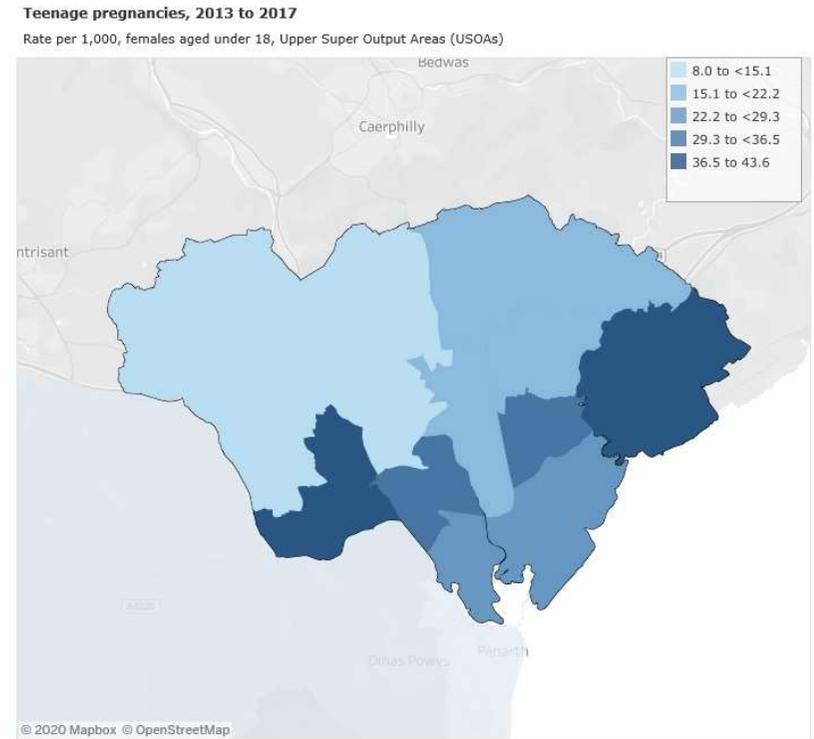
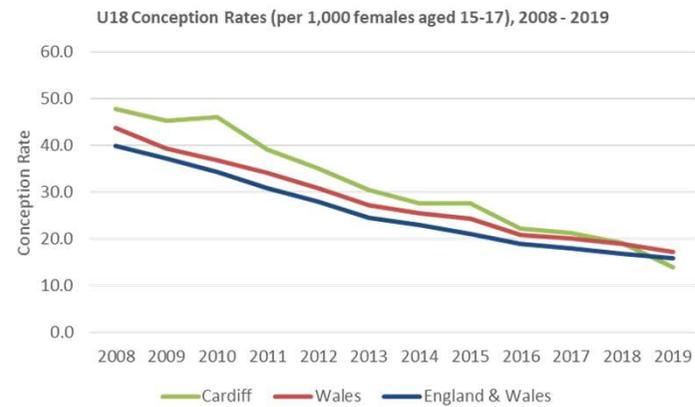
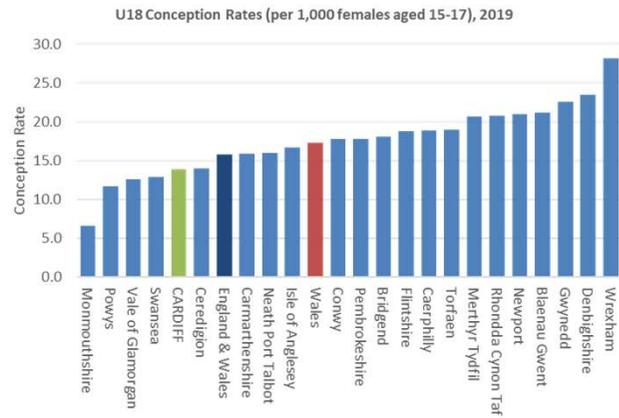
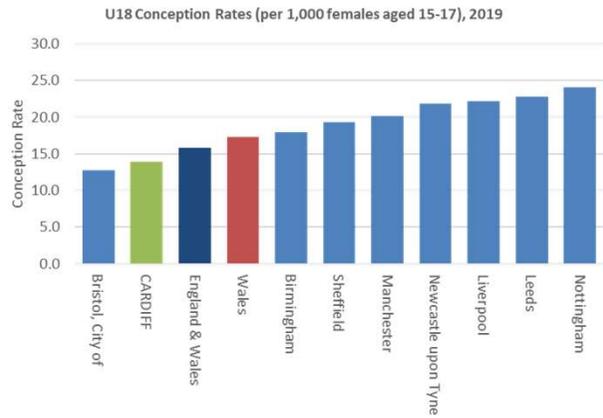
— 95% confidence interval



Source: Produced by Public Health Wales Observatory, using HBSC & SHRN (DECIPHer)

39. Teenage Pregnancies (u18 conceptions)

- Key Points:**
- Cardiff compares well against core cities and Welsh Local Authorities with a low level of under 18 conceptions (13.9 per 1,000 females)
 - Cardiff has seen a significant decrease in under 18 conceptions over time (down from almost 50 per 1,000 in 2008)
 - The Southern Arc of Cardiff has a higher proportion of under 18 conceptions than the rest of the city



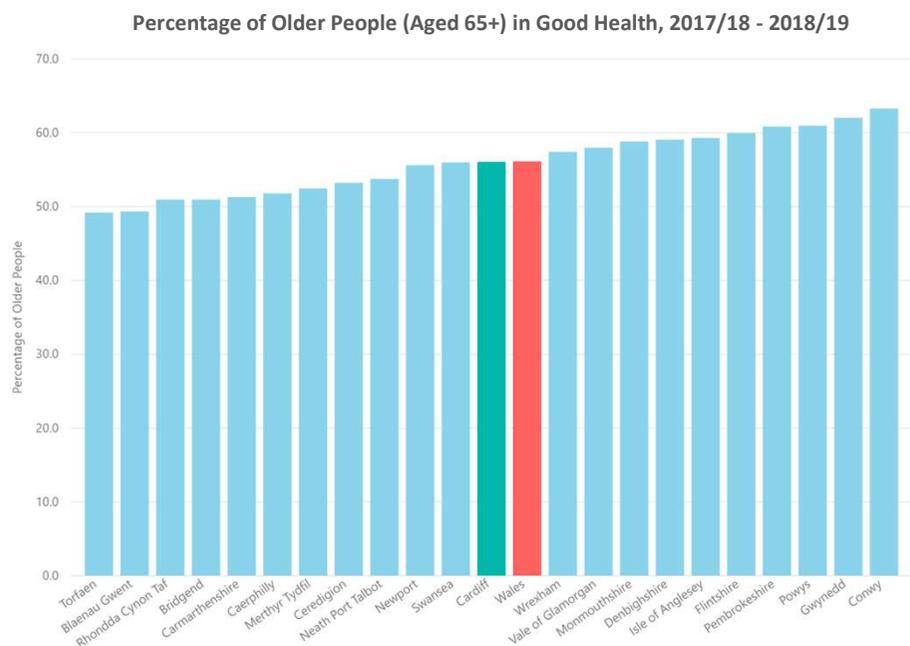
Source: Office of National Statistics

Source: Public Health Wales

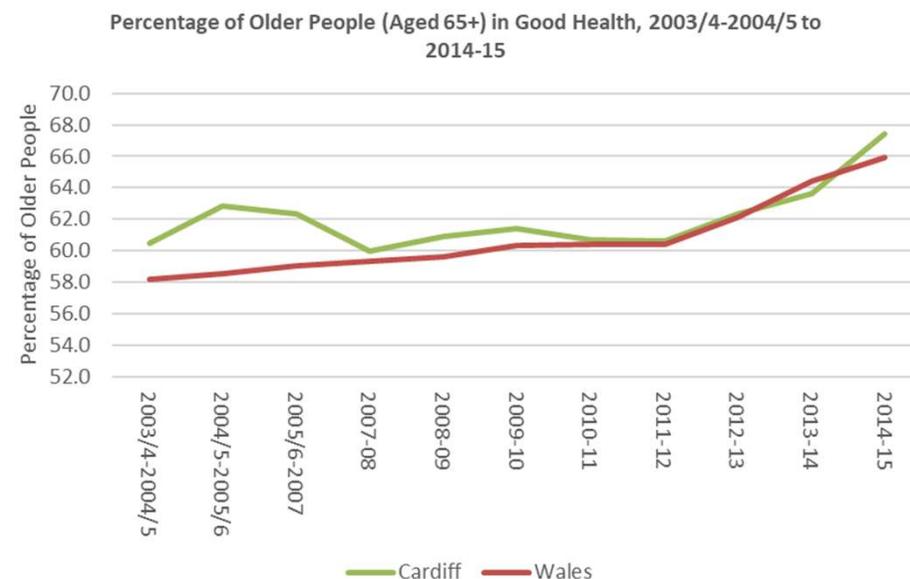
40. Percentage of people aged 65+ who reported their general health as being very good or good

Key Points:

- Just over half of older people aged 65+ in Cardiff (56.1%) consider themselves to be in good health (18/19 figures).
- Time series data (available up until 14/15) shows an improving trend
- Historic data showed that at ward level, the 65 year old male healthy life expectancy inequality gap as 10.5 years and 12.1 years for females. Males in Adamsdown can expect to spend a quarter (24.8%) of their remaining life in good health compared to an expected two-thirds (65.4%) for those living in Lisvane. For females the figures are 23.5% and 56.9% respectively. Data is not available for this beyond 2013.



Source: Produced by Public Health Wales Observatory, using National Survey for Wales, Welsh Government

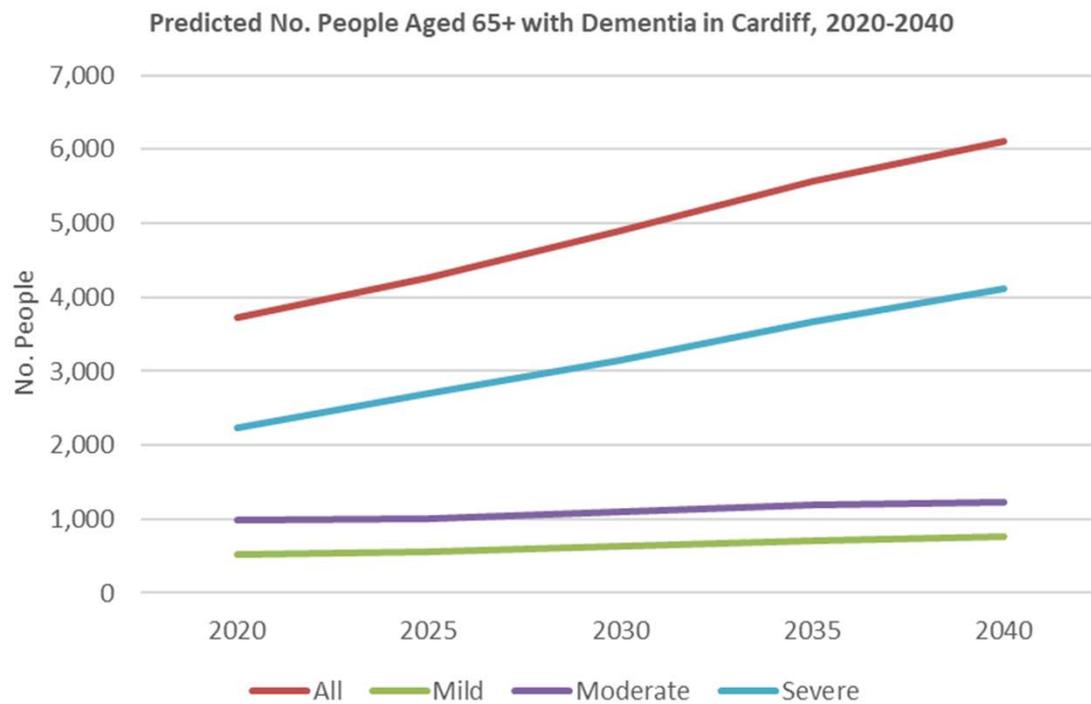


Source: Public Health Wales

41. Dementia Projections

Key Points:

- In the next 20 years, the number of people aged 65+ with dementia is projected to increase by almost two thirds.
- The number of people with severe dementia is projected to almost double



Source: Daffodil

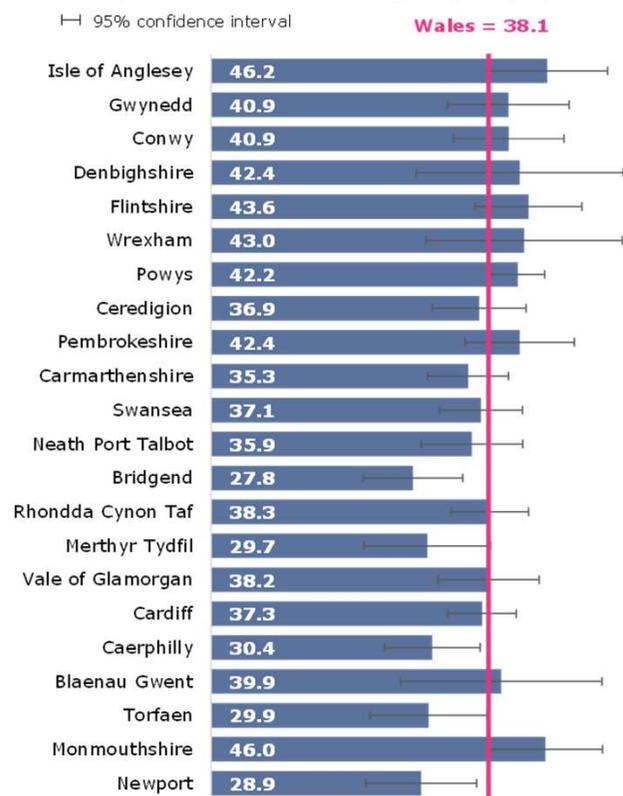
42. Percentage of Older Adults of a Healthy Weight, Persons Aged 65+

Key Points:

- 37.3% of older adults (aged 65+) in Cardiff are of a healthy weight (3 year average 2017/18-2019/20). This compares to the Isle of Anglesey that has the highest percentage among Welsh LAs at 46.2%.

Older adults of a healthy weight, percentage, persons aged 65+, Wales local authorities, 2017/18-2019/20

Produced by Public Health Wales Observatory, using NSW (WG)



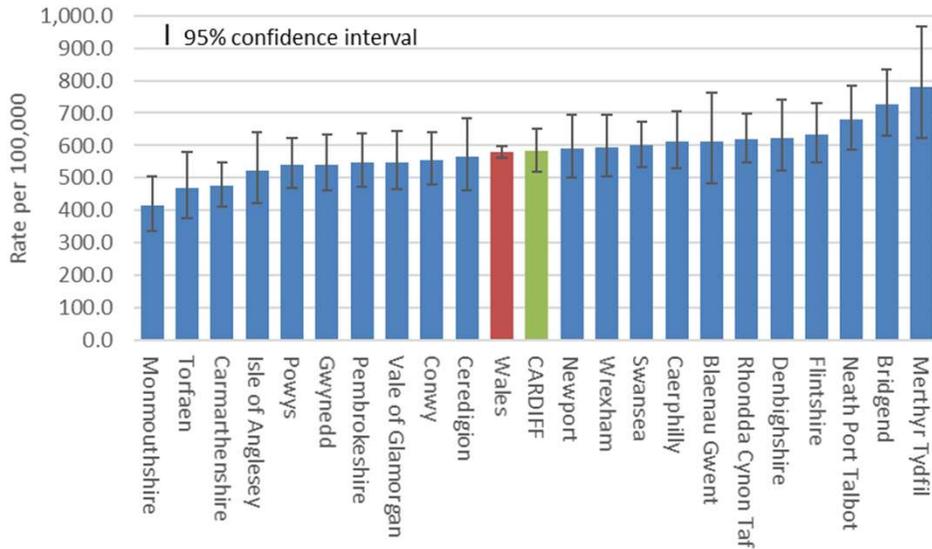
Source: PHW/Welsh Government

43. Hip Fractures Among Older People

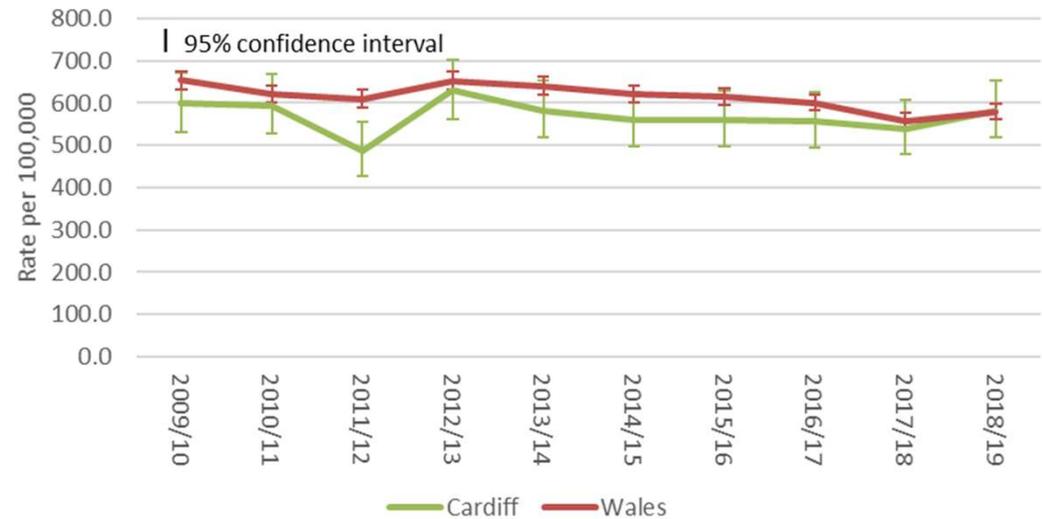
Key Points:

- Cardiff is equal to the Wales average in the number of people per 100,000 experiencing a hip fracture
- Cardiff has been below the Wales average for many years and has in recent years moved equal to it (above Wales average by 3.7 per 100,000)
- Hip fracture rates vary across the city with some areas having much higher rates than the Wales average and some with much lower rates.
- **Note:** The dip in 2011/12 is low due to a coding issue that year.

Hip Fractures Among Older People (Age-Standardised Rate per 100,000), Perosns Aged 65+, 2018/19



Hip Fractures Among Older People (Age-Standardised Rate per 100,000), Perosns Aged 65+, 2009/10 - 2018/19



Source: Public Health Wales