



Cardiff and Vale of Glamorgan Dementia Strategy Consultation

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Overview

- Why dementia is important
- Dementia Needs Assessment findings
- Dementia Strategy development
- Next steps



Dementia – Why it's important

- Numbers are increasing due to a growing and ageing population
- People with dementia may be vulnerable adults
- Dementia solutions are cross-cutting
- Dementia is preventable
- A dementia friendly community is a good place for everyone to experience

Dementia Needs Assessment findings


Dementia Map

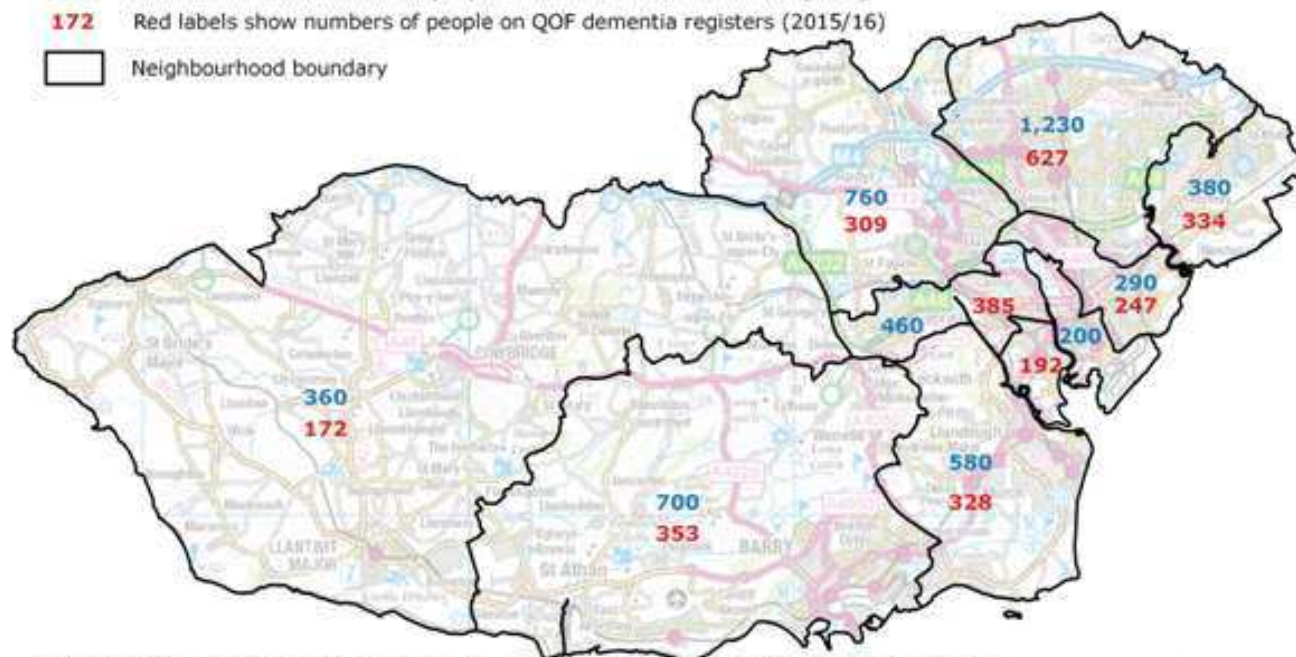
People with dementia, Cardiff and Vale UHB, 2015 / 2015/16

Neighbourhood management areas in Cardiff & Vale UHB

360 Blue labels show numbers of people estimated to have dementia (2015)

172 Red labels show numbers of people on QOF dementia registers (2015/16)

 Neighbourhood boundary



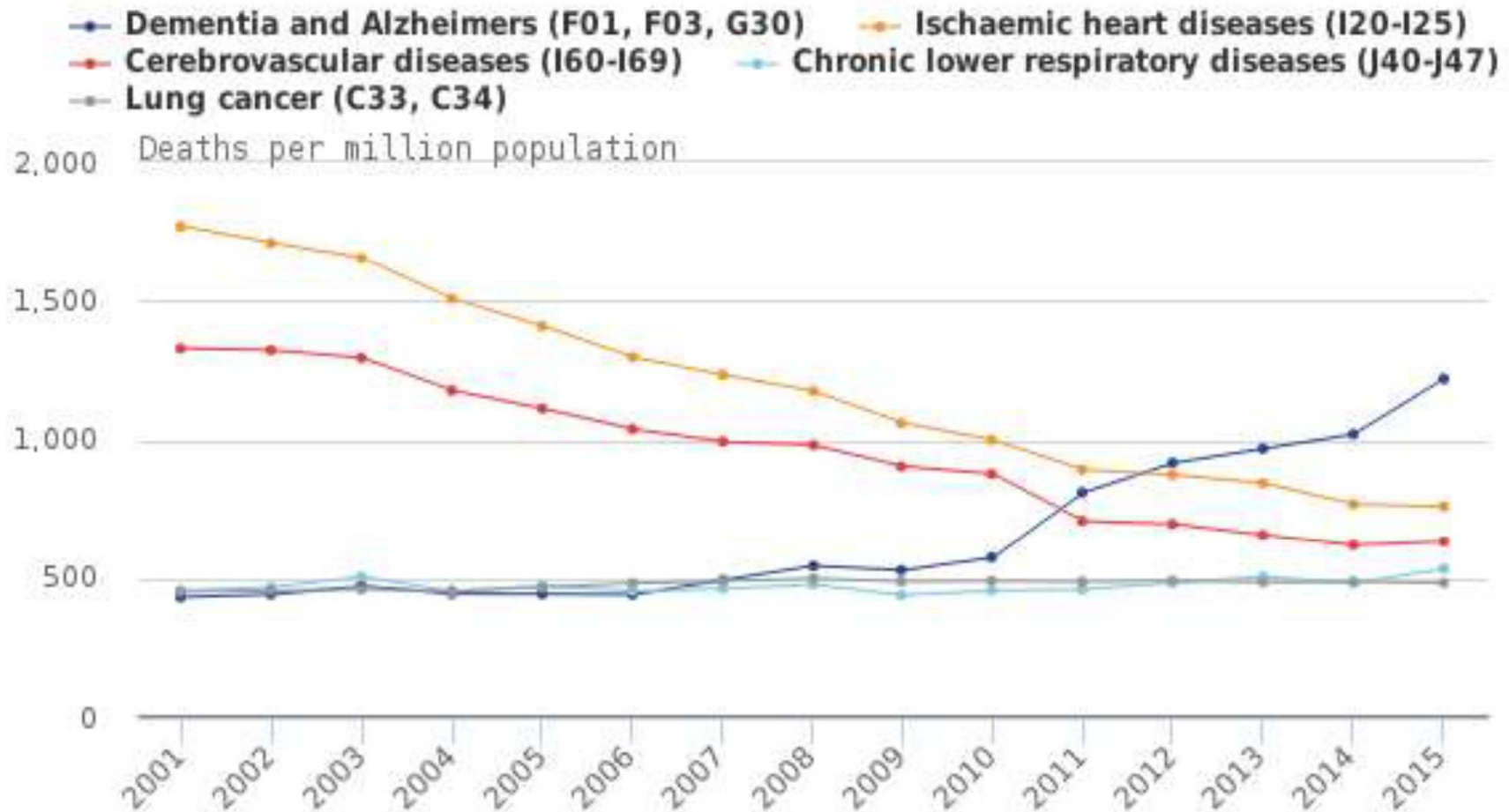
Produced by Public Health Wales Observatory, using MYE (ONS), QOF (WG) and CFAS II study prevalences

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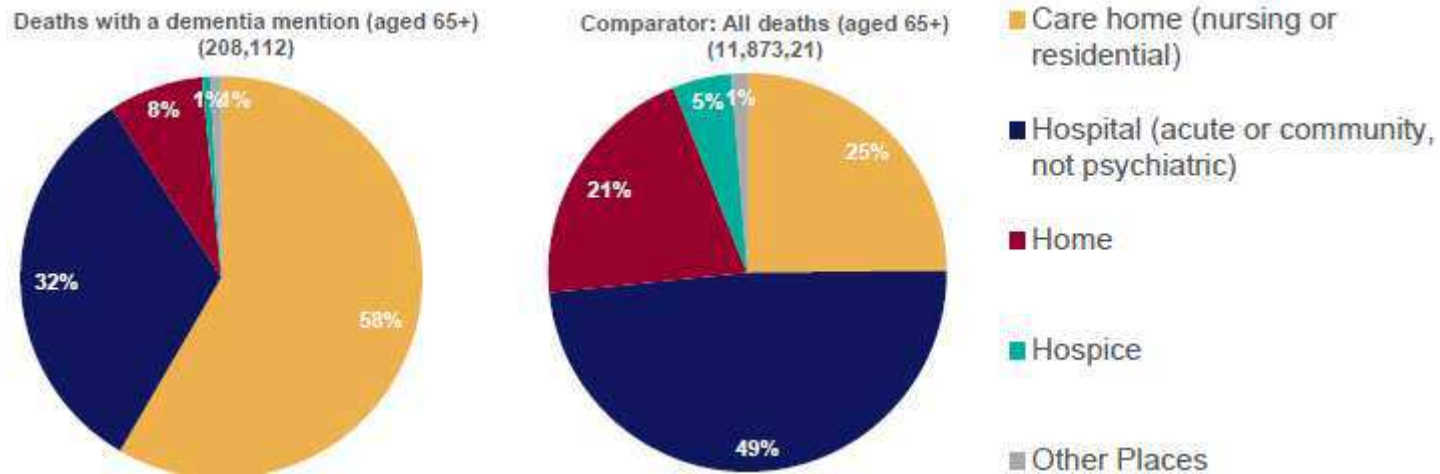
The estimated number of people with dementia are based on people resident within each neighbourhood, whereas the QOF register figures are based on patients registered with practices within each neighbourhood.

The estimated counts of people with dementia are calculated by applying England and Wales estimates of dementia prevalence to estimates of the population aged 65+. However, the extent to which dementia prevalence in Cardiff and the Vale of Glamorgan varies from the estimated prevalence is unknown. The numbers of people estimated to have dementia have been rounded to the nearest 10 since quoting estimates implies a level of accuracy which this analysis cannot guarantee. The dementia disease register includes patients of all ages, although only around 3% of patients are aged under 65.

Dementia –Mortality



Dementia – Place of death



The proportion of deaths with a mention of dementia compared with all deaths by place of death, deaths of people aged 65+, England, 2012-14.

Results- qualitative

1) Isolation and Loneliness.

“I just miss my husband so much, and not being able to go out. I get lonely, very lonely...I just wish more people would just pop in and say hello, but they have got their lives. I wish I had my car” (PWD)



Results- qualitative

2) Kindness & Compassion.

“I left a very good job to care for my mother as the care she was getting was so completely inappropriate.” (Carer)

3) Co-ordination of services.

“I had all these different people tramping through my house every day. I appreciate they need to come to the house, but it helps if it is the same people. It was terrible for (name of PWD) as he had no continuity.” (Carer)

Results- qualitative

4) Caring for Carers.

"I would like someone to talk to at the end of the phone." (Carer)

5) What to do in a Crisis.

I have no idea who to ring in a crisis. (Carer)



Results- qualitative

6) Moving Support to Primary Care.

7) Inequality in Access to Services.

“From the moment you get your diagnosis of dementia. It’s a fight...it’s a fight for everything you get. You find out everything by accident, or because you have chatted to someone.” (Carer)

“I have learnt so much from the dementia training. It would be good if every GP did dementia training and the clinics for a while and then went back to their practice. I feel much more confident now. (Professional)



Results- qualitative

8) Dementia is Everyone's Business.

9) Prevention is Essential.



"The decisions you make at the age of 40 predict your risk of dementia. If you are smoking, drinking, eating too much and not exercising at the age of 40 you increase your risk of dementia." (Professional)

"I could see a situation where shops, premises, buildings, roads, parking, community facilities and other things were absolutely geared up (in the way that disability has been tackled) to understand what could be done to help people who have got memory problems. I don't think it's impossible to have a high street area that is absolutely geared up for PWD. It would not only help PWD but all of us." (Professional)

Dementia Strategy Development

Dementia Vision

- By 2027 the whole population of Cardiff and the Vale of Glamorgan will be dementia aware and will reduce their risk of dementia. Nobody will fear a diagnosis of dementia for themselves or others.
- People with dementia will have equitable and timely access to a diagnosis; they will have seamless tailored care delivered locally with kindness. Carers will feel supported and empowered.

Dementia Strategic Objectives

1. Dementia is everyone's business
2. Prevention is essential
3. We will combat isolation and loneliness
4. Services will be fully coordinated
5. Services will be delivered with kindness and compassion
6. Support will be moved to Primary Care
7. Carers will be for cared for
8. Crises will be avoided
9. Access to services will be equitable

Next steps

- Further comments to Dr Suzanne Wood on: suzanne.wood@wales.nhs.uk by 15 September 2017
- Feedback collated from the consultation will be incorporated into the Dementia Strategy
- Dementia Strategy Launch – September/October 2017

Any questions?

Thank you for listening